

A woman with blonde hair, wearing a black suit jacket over a white shirt, is posing against a bright yellow background. She is holding a bottle of wine in her left hand. The bottle has a label that reads "750 ml 12% ALCOHOL BY VOLUME LONELLING".

mwldan

Aberteifi / Cardigan

Beth Sydd Ymlaen What's On

Mehefin – Rhagfyr 2025
June – December 2025

Shwmae | Hello!

Annwyl gyfeillion,

Croesawn fisoedd yr haf gyda rhaglen ar ei newydd gwedd. Yn ogystal, rydym ar ben ein digon i fod yn lansio gwefan newydd sbon y Mwldan, diolch i'r bobl wych yn A Likely Story a Glorious Creative, yr ydym wedi bod yn gweithio'n galed gyda nhw dros y flwyddyn ddiwethaf.

Mae'n anodd credu ei bod hi bellach yn 20 mlynedd ers i ni ddechrau fel canolfan cynhyrchu, gan greu perfformiadau a theithiau gan artistiaid anhygoel sydd wedi mynd ymlaen i deithio ledled y byd. Tua 1,300 o berfformiadau unigol yn ddiweddarach, mae cynrychiadau a aned yma yn y Mwldan, Aberteifi wedi cyfareddu cynulleidfaoedd o ddegau o filoedd mewn gwyliau a chanolfannau ar draws y byd. Eleni, rydym yn teithio gyda VRi, Catrin Finch ac Aoife Ní Bhriain, Kroke SATORU (prosiect arloesol rhwng Catrin Finch a Lee House) a Synergedd; prosiect newydd yn cynnwys Alaw, VRi a Hannah James. Gallwch ddod o hyd i ragor o wybodaeth am waith yr 20 mlynedd ddiwethaf trwy'r tudalennau cynrychiadau teithiol ar ein gwefan, yn ogystal â manylion am yr holl ffilmau, darllediadau a pherfformiadau byw diweddaraf rydym wedi bod yn eu rhoi at ei gilydd i chi eu mwynhau.

Hefyd, rydym wrthi'n brysur yn paratoui ar gyfer 6ed gŵyl Lleisiau Eraill Aberteifi, a gynhelir rhwng 30ain Hydref i 1af Tachwedd. Mae'r cynnig tocynnau cynnar o £40 yn dod i ben ar 30ain Mehefin, gyda'r pris yn codi i £65 ar 1af Gorffennaf, felly ewch ati i fachu eich bandiau arddwrn nawr ar gyfer penwythnos syfrdanol o gerddoriaeth, sgysiau a chysylltiadau yma ar garreg eich drws.

Edrychwn ymlaen at eich gweld cyn bo hir,

Dear friends,

We welcome in the summer months with a new look brochure. Plus we're more than excited to be launching our brand new Mwldan website, courtesy of the brilliant people at A Likely Story and Glorious Creative with whom we've been working hard over the past year.

It's hard to believe that it's now 20 years since we started as a producing venue, creating performances and tours by amazing artists that have gone on to tour all over the world. Some 1,300 individual performances later, productions born here in Mwldan, Aberteifi have delighted audiences of tens of thousands at festivals and venues across the globe. This year we are touring VRi, Catrin Finch and Aoife Ní Bhriain, Kroke, SATORU (a groundbreaking project between Catrin Finch and Lee House) and Synergedd; a new project featuring Alaw, VRi and Hannah James. You can find more information on those 20 years of work via the touring production pages on our website, as well as details of all the latest films, broadcasts and live performances we have been putting together for you to enjoy.

We're also busy gearing up for the 6th Other Voices Cardigan, which takes place from 30th October - 1st November. The advance-priced ticket offer of £40 ends on 30 June, with the price increasing to £65 on 1st July, so get your wristbands now for a stunning weekend of music, conversation and connection right here on your doorstep.

We look forward to seeing you very soon.



Dilwyn Davies,
Prif Weithredwr, Mwldan
Chief Executive, Mwldan

Cynnwys / Contents

- 03 Digwyddiadau Fyw / Live events
- 26 Darllediadau / Broadcasts
- 34 Sinema / Cinema
- 52 CFfTM / TMFS
- 54 Dosbarthiadau / Classes
- 57 Gwybodaeth / Information
- 60 Dyddiadur / Diary

Delwedd Clawr / Cover Image:
NT Live Inter Alia (15 As live) t/p 30

Digwyddiadau byw Live events

O theatr awyr agored yn y castell, i'r Lleisiau Eraill nesaf, mae gennym raglen wych o ddigwyddiadau byw ar gyfer pob oed dros y misoedd nesaf.

Gweler digwyddiadau unigol am fanylion tocynnau rhatach. Gweler mwldan.co.uk am fanylion pellach ac i archebu tocynnau.

From outdoor theatre at the castle, to the next Other Voices we have a great programme of live events for all ages over the coming months.

See individual events for concessionary price details and visit our website mwldan.co.uk for further details and to book.



**Lleisiau Eraill
Aberteifi / Other
Voices Cardigan 2025**
30 Hydref / October -
1 Tachwedd / November

Gweler tudalen 18 am ragor o wybodaeth | See page 18 for more information

★★★★★

'playful virtuosos ...brilliant'

SONGLINES MAGAZINE

Cynhyrchiad y Mwldan | A Mwldan Production

Catrin Finch & Aoife Ní Bhriain

Nos Sul 29 Mehefin

Sunday 29 June

7.30pm / £22

Mae Finch a Ní Bhriain yn creu deialog gerddorol swynol lle mae elfennau traddodiadol a chyfoes yn dod at ei gilydd mewn dathliad syfrdanol o gydweithrediad cerddorol. Yn y perfformiad hwn, bydd Catrin ac Aoife yn chwarae rhai caneuon newydd am y tro cyntaf i gynulleidfa Aberteifi.

Mae Catrin Finch wedi llunio gyrfa glasurol drawiadol ac wedi mentro i dir cerddorol newydd, yn fwyaf nodedig trwy ei chydweithrediau rhyngwladol gwobrwyedig gyda Seckou Keita a Cimarrón. Mae Aoife Ní Bhriain, sy'n haniu o Ddylun, yn un o ffdilwyr traddodiadol mwyaf blaenllaw Iwerddon sy'n feistrolgar ym maes cerddoriaeth glasurol a cherddoriaeth ei threfnadaeth draddodiadol Wyddelig.

Mae eu halbwm debut *Double You* wedi cyrraedd rhif un yn Siartiau Clasurol iTunes, a derbyniodd enwebiadau ar gyfer yr 'Albwm Gorau' yn 6ed Gwobrau Gwerin Radio 1 RTÉ, ac 'Albwm Gorau Ewrop' yng Ngwobrau Cerddoriaeth Songlines 2024.

Finch and Ní Bhriain create a spellbinding musical dialogue where traditional and contemporary elements converge in a breathtaking celebration of musical synergy. In this performance, Catrin and Aoife will be premiering some new tunes for the Cardigan audience.

Catrin Finch has built an impressive classical career and ventured into uncharted musical territory, most notably through her award-winning international collaborations with Seckou Keita and Cimarrón. Dublin native Aoife Ní Bhriain is one of Ireland's foremost traditional fiddle players who commands both the classical world and her Irish traditional heritage.

Their debut album *Double You* reached number one in the iTunes Classical Charts and received nominations for 'Best Album' in the 6th RTÉ Radio 1 Folk Awards and 'Best European Album' in the Songlines Music Awards 2024.



Mae hon yn Gynhyrchiad Taith Mwldan - gweler mwldan.co.uk/tours am ddyddiadau llawn y daith / This is a Mwldan Touring Production - see mwldan.co.uk/tours for full tour dates.

Idwyn Davies,
Prif Weithredwr, Mwldan
Chief Executive, Mwldan

GŴYL FAWR

ABERTEIFI 2025



Seremoni Cyhoeddi'r Wyl / Proclamation Ceremony

Castell Aberteifi / Cardigan Castle
Dydd Sadwrn 28 Mehefin
Saturday 28 June
3.00pm / Am ddim / Free

Sioe Criw CICA | Musical Show with CICA

Mwldan
Nos Fawrth 1 Gorffennaf
Nos Fercher 2 Gorffennaf
Tuesday 1 July
Wednesday 2 July
7.30pm / £8

Sioe gerdd yn cael ei pherfformio gan griw CICA (Cwmni Ieuencid Cylch Aberteifi). Bydd torf o blant a phobl ifanc y cylch yn ein diddanu gyda sioe wreiddiol arall - gyda sgript yn llawn hiwmor dyma gyfle unwaith eto i weld doniau lleol ar eu gorau.

A Welsh language musical performed by local youth group Criw CICA. This talented company of children and young people will entertain with an original musical - with a cast of up and coming stars this will no doubt be one of the week's highlights.



Talwrn y Beirdd

Castell Aberteifi / Cardigan Castle
Nos Wener 4 Gorffennaf
Friday 4 July
8.00pm / £8
Tocynnau ar y drws / tickets on the door

Cyfle i weld timau o feirdd lleol yn trin a thrafod geiriau er mwyn ceisio ennill tarian goffa y diwedd ar Brifardd Dic Jones. Gwobrwyir enillydd Tlws yr Ifanc hefyd yn ystod y noson.

An opportunity to listen to local teams of bards battle it out in word and verse with the aim of clinching the Dic Jones memorial shield. The Youth Award will also be presented during the evening.



Eisteddfod

Mwldan
Dydd Sadwrn 5 Gorffennaf
Saturday 5 July
11.00am / £7
Nos Sadwrn 5 Gorffennaf
Saturday 5 July
5.30pm / £9

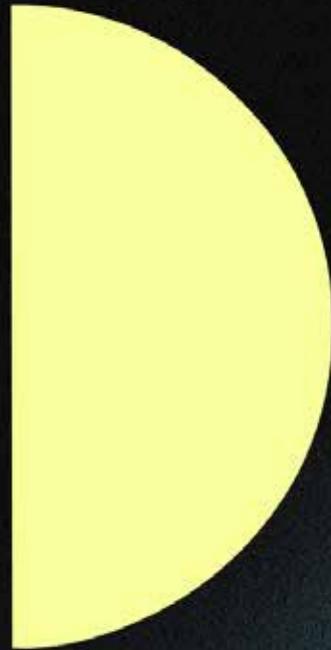
Eleni eto cawn ddiwrnod llawn o gystadlu ar ddydd Sadwrn yr ŵyl yn y Mwldan. Bydd y diwrnod yn llawn dop o gystadlaethau offerynnol, canu a llefaru gyda Seremoni Cadeirio'r Bardd am 6yh cyn y prif gystadlaethau corawl. Ar ddiwedd y noson bydd y beirniaid yn dewis enillydd Côr yr ŵyl o blith enillwyr y categorïau corawl. Yn unol a thraddodiad yr ŵyl daw'r cystadlu i ben gyda chystadleuaeth Y Rhuban Glas i unawdwyr dros 25 oed.

This year's festival will include a jam packed day of competitions on the Saturday at Mwldan. Competitions will include instrumental, singing and recitation with the Charing Ceremony held at 6pm before the main choral competitions which will culminate in one overall winner to be declared Festival Choir later that evening. In line with tradition, the final competition will be the highly anticipated Blue Riband competition for soloists over 25 years old.



Dathliad o dalent cerddorol newydd o orllewin Cymru

A celebration of emerging musical talent from west Wales



MWYHAU AMPLIFY

Fflach Cymunedol – Mwldan – Community Music Wales yn cyflwyno / presents

Mwyhau - Amplify

Dydd Sadwrn 12 Gorffennaf
Saturday 12 July

6.00pm – 1am
£10

Dewin
FluX
Iestyn Gordon
Internet Fatigue

Jasmine Power
Lavant
Tap-Out
The Undercasts

Mae'r dathliad hwn o dalent gerddorol newydd o orllewin Cymru yn gwahodd artistiaid a bandiau o'n hardal leol i fynd wyneb yn wyneb â'i gilydd i ennill slot perfformio ar y Llwybr Cerdd yn Lleisiau Eraill Aberteifi ym mis Hydref 2025. Bydd yr enillwyr hefyd yn derbyn amser recordio yn Stiwdio Fflach Gymunedol a sesiwn datblygiad proffesiynol a ddarperir gan Gerdd Gymunedol Cymru.

This celebration of emerging musical talent from west Wales invites artists and bands from our local area to go head-to-head to win a performance slot on the Music Trail at Other Voices Cardigan in October 2025. The winners will also receive recording time at Stiwdio Fflach Cymunedol and a professional development session provided by Community Music Wales.

Yn dilyn Galwad Agored, bydd wyth artist/ band yn cael eu dewis, o unrhyw a phob genre cerddorol i berfformio set 20 munud yr un o flaen cynulleidfa fyw a phanel annibynnol o feirniaid a fydd yn dewis dau enillydd (un Gymraeg ac un Saesneg). Bydd yr enillwyr Iwclus yn cael eu cyhoeddi ar ddiwedd y noson, ac yn ogystal â hynny i gloi'r noson bydd set DJ (TBA). Dewch i fwynhau noson wych sy'n cynnwys y gorau o dalentau lleol, a chefnogwch eich hoff fand!

Following an Open Call, eight selected artists/bands of any and all musical genres will each perform a 20-minute set in front of a live audience and an independent panel of judges who will choose two winners (one Welsh language, and one English language). The lucky winners will be announced at the end of the night, and the evening will be topped off with a DJ set (TBA). Come and enjoy a great night out that features the best of local talent, and support your favourite band!



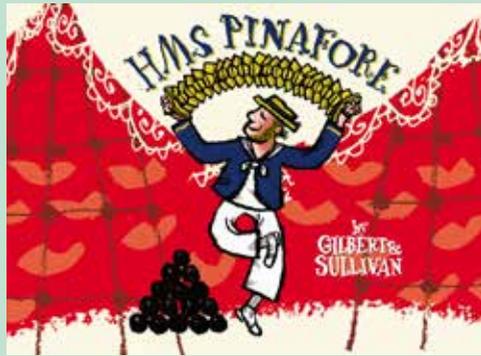


Mae Mwldan a Chastell Aberteifi yn cyflwyno rhaglen o theatr awyr agored gan Illyria, y cyfan yng ngerddi syfrdanol Castell Aberteifi.

Mwldan and Cardigan Castle present a summer programme of open-air theatre from award-winning theatre company Illyria in the stunning grounds of Cardigan Castle.

Mae'r prefformiadau i gyd yn cymryd lle yng Nghastell Aberteifi. Gweler mwldan.co.uk am wybodaeth bwysig ynglŷn a'r digwyddiadau hwn.

These performances take place at Cardigan Castle. See mwldan.co.uk for essential information about these events.

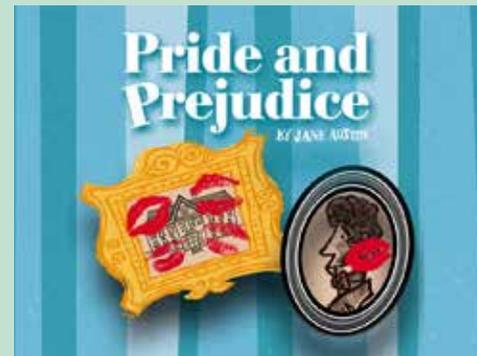


Castell Aberteifi / Cardigan Castle

Illyria
HMS Pinafore
Nos Fawrth 5 Awst
Tuesday 5 August
7.00pm (Drysau / Doors 6.00pm)
£18 (£16) £10 Plentyn / Children

Mae Josephine, merch y capten, mewn cariad â Ralph, morwr cyffredin. Ond mae ei thad yn mynnu ei bod hi'n priodi Syr Joseph Porter, Prif Arglwydd y Morlys - sydd eisoes wedi bod yn ei llygadu. Mae'r cariadon yn cael eu dal wrth iddyn nhw ddianc o'r llong ac mae Ralph wedi'i gloi yn wnswiwn y llong. A all y datgeliadau a wnaed gan Buttercup, y gwerthwr ar ochr y dociau, alluogi pawb o'r diwedd i briodi eu gwir gariadon? Yn llawn deialog slic ac alawon bachog, caiff yr opera gomig oesol hon ei pherfformio yn yr awyr agored gan gast o chwech ar set forol ysblennydd, gan ddefnyddio sgôr lawn Sullivan.

Josephine, the captain's daughter, is in love with Ralph, a common sailor. But her father insists that she marries Sir Joseph Porter, First Lord of the Admiralty – whose roving eye has already noticed her. The lovers are caught as they elope from the ship and Ralph is locked in the ship's dungeon. Can revelations made by Buttercup, the dockside vendor, finally enable everyone to marry their true hearts' loves? Full to the gunwales with sharp dialogue and catchy tunes, this timeless comic opera is performed outdoors by a cast of six on a spectacular nautical set, using Sullivan's full score.

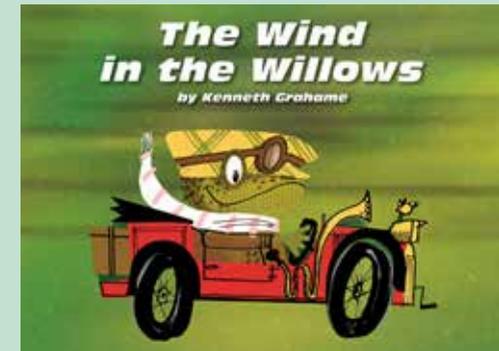


Castell Aberteifi / Cardigan Castle

Illyria
Pride & Prejudice
Nos Fawrth 12 Awst
Tuesday 12 August
7.00pm (Drysau / Doors 6.00pm)
£18 (£16) £10 Plentyn / Children

"It is a truth universally acknowledged, that a single man in possession of a good fortune, must be in want of a wife." Yn sicr dyna farn Mrs Bennet, wrth iddi gynllwynio i ddod o hyd i wŷr addas ar gyfer ei phum merch. Diolch byth bod Lizzy, ei hail ferch, yn meddwl bod y Mr Darcy ddirmygus yn atgas! Neu ydy hi...? A all hi weld y tu hwnt i'w falchder - ac a allai oresgyn ei rhagfarn - i ystyried dyfodol posibl gyda'i gilydd? Yn dilyn saith tymor o'r addasiad disglair hwn pan werthwyd pob tocyn ar eigyfer, mae Illyria gwobrwyedig, yn dychwelyd i ddathlu pen-blwydd Jane Austen yn 250 oed mewn steil. Dewch â phicnic a mwynhewch hi ar ei gorau, yn fywiog, yn ddi-flewyn-ar-dafod, ac yn finio!

"It is a truth universally acknowledged, that a single man in possession of a good fortune, must be in want of a wife." Mrs Bennet certainly thinks so, contriving to find suitable husbands for her five daughters. Thank heavens Lizzy, her second daughter, finds disdainful Mr Darcy detestable! Or does she...? Can she see beyond his pride – and could he overcome her prejudice – to consider a possible future together? Following seven sell-out seasons of this sparkling adaptation, award-winning Illyria returns to celebrate Jane Austen's 250th birthday in style. Bring a picnic and enjoy her at her vibrant, forthright, bitchy best!



Castell Aberteifi / Cardigan Castle

Illyria
The Wind In The Willows
Nos Iau 21 Awst
Thursday 21 August
6.00pm (Drysau / Doors 5.00pm)
£18 (£16) £10 Plentyn / Children

Mae Mole yn dyheu am archwilio'r byd eang. Mae'r hen Badger sarrug yn mwynhau heddwch a thawelwch. Ac mae Rat yn hoffi picnics a chwarae o gwmpas mewn cychod. Mae eu bywydau delfrydol ar lannau'r Afon yn cael eu troi wyneb i waered pan mae Toad, sydd wedi'i gyfareddu gan ruthr injan a swŷn sgrechian y teiars yn llosgi, yn dilyn y diweddraf mewn cyfres hir o'i obsesiynau costus: car modur cyflym, coch. Mae Illyria, sydd wedi ennill lluo o wobrau, yn dathlu hanes oesol Kenneth Grahame am gyfeillgarwch, chwerthin, yr hiraeth am gartref a swyn antur. Dewch i'w mwynhau drwy'r haf ledled y DU lle mae'r stori wedi'i gosod: yn yr awyr agored ym Mhrydain.

Mole yearns to explore the wide world. Gruff old Badger enjoys peace and quiet. And Rat likes picnics and just messing about in boats. Their idyllic lives on the Riverbank are turned upside down when Toad, bewitched by the roar of an engine and the screech of burning tyres, pursues his latest in a long line of extravagant obsessions: a fast, red motor-car. Multiple award-winning Illyria celebrates Kenneth Grahame's timeless tale of friendship, laughter, the longing for home and the lure of adventure. Enjoy it all summer across the UK where the story is set: in the great British outdoors.

CRAFT Festival WALES

SEPT 5-7, 2025



Llun / Image: Cambrian Woolgan / by Leia Morrison

Castell Aberteifi / Cardigan Castle Gŵyl Grefft Cymru / Craft Festival Wales 5 - 7 Medi / September

Mae'n bleser gennym gyhoeddi Galwad am Geisiadau Gŵyl Grefft Cymru 2025. Mae Digwyddiad y Flwyddyn 2024 (Cymuned) Caru Ceredigion yn dychwelyd i Gastell Aberteifi ym mis Medi yn dilyn canmlaeth frwd gan gynulleidfa oedd a gwneuthurwyr fel ei gilydd.

Mae Gŵyl Grefft Cymru yn ddathliad cydweithredol o gael ei gefnogi gan sefydliadau celfyddydol blaenllaw o Gymru a thu hwnt. Bydd Gŵyl Grefft Cymru yn croesawu dros 100 o wneuthurwyr eithriadol yng Nghastell Aberteifi gyda The Capital of Craft LIVE, Out of the Woods, arddangosiadau, arddangosfeydd, gweithdai, gweithgareddau i blant, cerddoriaeth fyw, theatr ac adrodd straeon gyda digwyddiadau lloeren yn cael eu cynnal ar draws y Dref.

We are delighted to announce Craft Festival Wales 2025. Caru Ceredigion's Event of the Year 2024 (Community) returns to Cardigan Castle in September following rapturous praise from audiences and makers alike.

Craft Festival Wales is a collaborative celebration of making supported by leading arts organisations from Wales and beyond. Craft Festival Wales will host 100 exceptional makers at Cardigan Castle featuring The Capital of Craft LIVE, Out of the Woods, demonstrations, exhibitions, workshops, children's activities, live music, sculpture trail, theatre & storytelling with satellite events hosted across the Town.



Jon Boden and the Remnant Kings Nos Sul 21 Medi Sunday 21 September 7.30pm / £24

Yn fyw, mae baledi parlwr Boden mewn arddull Tom Waits, a phŵer-pop Napoleon, yn cael eu perfformio ochr yn ochr ag ôl-gatalog pymtheg mlynedd y band o ganeuon ac alawon traddodiadol a gwreiddiol, gan gyfuno dealltwriaeth ddofn o gerddoriaeth draddodiadol gyda dawn gerddorol a bywiogrwydd theatraidd, ac yn cynnwys talentau o fri Sam Sweeney (Bellowhead), Rob Harbron (Leveret), Ben Nicholls (Seth Lakeman Band), Sally Hawkins (Bellowhead) a llais a gitâr pedal-dur y canwr-gyfansoddwr cwlt M.G. Boulter.

Live, Boden's Waitsian parlour ballads and Napoleonic power-pop are performed alongside the band's fifteen-year back-catalogue of traditional and original songs and tunes, combining a deep understanding of traditional music with musical audacity and theatrical brio, and featuring the enormous talents of Sam Sweeney (Bellowhead), Rob Harbron (Leveret), Ben Nicholls (Seth Lakeman Band), Sally Hawkins (Bellowhead) and the vocals and pedal-steel guitar of cult singer-songwriter M.G. Boulter.



Glen Johnson Wyneb Newydddiol Stryd Fawr Aberteifi / The Changing Face of Cardigan High Street Dydd Sadwrn 4 Hydref Saturday 4 October 2.00pm / £7

Dyma i chi gyfle i weld prif stryd gyfarwydd Aberteifi mewn golau tra gwahanol, wrth i Glen Johnson, hanesydd lleol, rannu casgliad o ffotograffau yn dangos sut mae'r siopau a'r adeiladau cyfarwydd wedi newid dros y blynyddoedd. Dysgwch am hen adeilad Brawdlys Aberteifi, y tân gwaethaf erioed yn Aberteifi, cysylltiadau simsan Aberteifi â'r Beatles, a llawer mwy!

Nid yw llawer o'r delweddau erioed wedi'u gweld yn gyhoeddus o'r blaen, a bydd sylwebaeth wybodus a ffraeth Glen yn cyd-fynd â nhw. Unwaith y byddwch wedi gweld y lluniau hyn, fyddwch chi byth yn edrych ar Stryd Fawr Aberteifi yn union yr un ffordd eto!

A chance to see the familiar main street of Cardigan in a very different light, as Glen Johnson, local historian, shares a collection of photographs showing how the familiar shops and buildings have changed over the years. Find out about Cardigan's old Assize Court building, Cardigan's worst ever fire, Cardigan's tentative connections with the Beatles, and much more!

Many of the images have never been publicly seen before, and they will be accompanied throughout by Glen's knowledgeable and witty commentary. Once you've seen this, you'll never look at Cardigan High Street in quite the same way again!



Martin Decker: Dad

Nos Fawrth 7 Hydref
Tuesday 7 October
7.30pm / £15 (£14)

Gan Keiron Self a Kevin Jones

Beth sy'n gwneud tad gwych? Mae Martin yn meddwl ei fod yn gwybod ac yn benderfynol o rannu'wybodaeth. Mae'r daith ddoniol-dywyll, lawn teimlad hon yn archwilio'r tadau wnaeth siapio Martin- o Darth Vader i'w arwr yn ei blentyndod, Indiana Jones, o'r Tad Cŵl i Dad y Dawnsiwr.

Gan gynnwys ail greu ffilmiau yn fyw, dynwarediadau llai na pherffaith o Harrison Ford a gwahoddedigion annisgwyl ar y sgrin, mae'r sioe hon yn siarad â phob tad sydd erioed wedi ystyried a yw'n ddigon. Ond i Martin mae'n ymddangos bod llawer mwy yn y fantol - ai achub ei fab, neu ei achub ei hunsydd dan sylw?

Canllaw oed 14+

Rhybuddion ynghylch materion allai beri gofid yn cynnwys themâu alcoholiaeth, cam-drin domestig a marwolaeth.

By Keiron Self and Kevin Jones

What makes a great dad? Martin thinks he might know and is determined to share it. This darkly funny, heartfelt journey explores the father figures that shaped Martin - from Darth Vader to childhood hero Indiana Jones, from Cool Dad to Dad Dancer.

With live movie reenactments, less-than-perfect Harrison Ford impressions, and surprise guests on screen, this show speaks to every dad who's ever wondered if they're enough. For Martin, though, the stakes feel even higher—is this mission about saving his son, or himself?

Age guidance 14+

Trigger warnings. Contains themes of alcoholism, domestic abuse and death.

Digwyddiadau Byw | Live Events



A Mwldan Production | Cynhyrchiad y Mwldan

SATORU Catrin Finch | Lee House

cerddoriaeth . meddwl . sain . emosiwn
music . mind . sound . emotion

Nos Fercher 8 Hydref
Wednesday 8 October
7.30pm / £18 (£16)

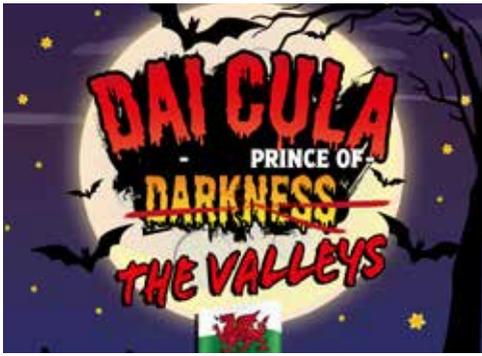
Camwch i mewn i fyd lle mae sain yn troi'n deimlad, ac mae cerddoriaeth yn meiddio holi'r cwestiynau na all geiriau eu gofyn. Mae'r profiad trochol hwn yn asio telyn arbrofol gyda thriniaeth electronig, a'r gair llafar i'ch tywys drwy daith bersonol ddwys, sonig. Mae pob nodyn, pob ymadrodd yn edau sy'n eich tynnu trwy ddigelwch, emosiwn a datguddiad. Disgwylwch gael eich cyffroi, eich cynhyrfu, a'ch trawsnewid.

Step into a realm where sound becomes sensation and music asks the questions words cannot. This immersive performance blends experimental harp with electronic manipulation and spoken word to guide you through a deeply personal, sonic journey. Each note, each phrase is a thread pulling you through mystery, emotion, and revelation. Expect to be stirred, unsettled, and transformed.

Mae hon yn Gynhyrchiad Taith Mwldan - gweler mwldan.co.uk/tours am ddyddiadau llawn y daith / This is a Mwldan Touring Production - see mwldan.co.uk/tours for full tour dates.

June - December | Mehefin - Rhagfyr 2025





Black Rat Dai Cula: Prince of The Valleys

Nos Wener 17 Hydref
Friday 17 October
7.30pm / £15 (£13)

Ar ôl gwyltio “Who Do You Think You Are?”, mae Count Dracula yn argyhoeddedig bod ganddo waed brenhinol - diolch i gysylltiad amheus rhwng Vlad the Impaler a Thywysog Cymru. Felly, mae'n archebu coffin oddi ar Temu, yn archebu Airbnb iddo'i hun, ac yn cychwyn am y Goedwig Ddu... dim ond glanio yn y Coed Duon yng Nghymoedd De Cymru! Ar y dechrau, mae'r bobl leol yn meddwl ei fod yn ecsentrig mewn clogyn. Ond pan fydd pobl yn dechrau diflannu'n ddirgel ac mae rheoli plâu yn cael ei alw i ymchwilio i broblem ystumod sydyn, mae'r dref yn dechrau meddwl tybed a yw eu hymwelydd newydd od yn fwy na dim ond twrist coll....

Comedi newydd gan Richard Tunley.

After binge-watching Who Do You Think You Are?, Count Dracula becomes convinced he's got royal blood—thanks to a dubious link between Vlad the Impaler and the Prince of Wales. So, he orders a flat-pack coffin off Temu, books himself an Airbnb, and sets off for the Black Forest... only to land in Blackwood in the South Wales Valleys! At first, the locals think he's just another eccentric in a cape. But when people start mysteriously disappearing and pest control is called to investigate a sudden bat problem, the town begins to wonder if their odd new visitor is more than just a lost tourist...

A new comedy by Richard Tunley.

Canllaw oed/Age guidance 11+



Emyr Phillips Cardi Bach (U)

Dydd Sadwrn 18 Hydref
Saturday 18 October
2.00pm / £8.40 (£7.70) (£5.90)

Bydd antur y Cardi Bach nesaf yn cynnwys ffilm newydd yn ogystal a rhai o'r ffimiau sy wedi eu gweld yn barod. Ffilm gan Gary Evans o Cilgerran yw'r ffilm newydd. Clywodd Gary am y tren gan ei famgu a'i fam gan fod y rheilffordd yn rhan bwysig o'u bywydau. Wedi astudio Ffilm a Theledu ym Mhrifysgol Aberystwyth penderfynnodd ddilyn ei ddiddordeb cynnar a chreu ffilm am y rheilffordd leol.

Cysylltodd a Cymdeithas Rheilffordd Cardi Bach gan ddilyn ei teithiau a chyfweld pobl cynhenid yr ardal a mewnydwy'r a chafodd ei synnu gan yr atgofion o'r cariad oedd gan y bobl o'r lein. Bydd y ffilm hefyd yn darganfod agweddau sy'n cuddio mewn manau dirgel allan o sylw ond sy'n rhan bwysig o'r stori.

This latest Cardi Bach adventure will include a new film as well as some of those which have been seen before. The new film is by Gary Evans from Cilgerran. Gary heard about the train from his grandmother and his mother as the railway was an important part of their lives. After taking a degree in Film and Television at Aberystwyth University Gary decided to follow his early interest and to make a film about his local railway.

Gary consulted members of Cardi Bach Railway Society, following their station tours and interviewing locals and people who had recently moved into the area who were amazed to find the memories the people held of the little train. The film will also discover aspects which are usually hidden from view but which are part of the story.



Justin Moorehouse: The Greatest Performance Of My Life

Nos Wener 24 Hydref
Friday 24 October
8.00pm / £17.50 (£7.50 Difyflog / Unwaged)

Paratowch am brofiad bythgofiadwy wrth i Justin ddychwelyd gyda *The Greatest Performance of My Life*.

Ar ôl taith lwyddiannus a hir gyda'r sioe *Stretch and Think* yn 2022 (gallwch wyltio hon yn llawn ar YouTube), mae e nôl yn teithio eto gyda'r sioe newydd hon.

Mae'r stori'n cwmpasu pynciau sy'n amrywio o bantomeimiau i freuddwydion, sut i ymddwyn mewn ysbytai, mân siarad, sylweddoli mai fersiwn ogleddol o Columbo yw ei fam, a sut y gwnaeth bod yn blentyn gydag ymatebion bach slic a chlyfar ei achub rhag bywyd o gael un grasfa ar ôl y llall. Yn anad dim, dyma'r Justin y mae'n rhaid i chi ddod i'w ddisgwyl. Mae'n ddoniol ac yn ddiddorol, ac efallai bod 'na fymryn bach i gynhesu'r enaid hefyd.

Get ready for an unforgettable experience as Justin returns with *The Greatest Performance of My Life*.

After a successful and extensively extended tour of his 2022 show *Stretch and Think* (which you can catch in full on YouTube), he's back on the road with this new show.

The story covers subjects ranging from pantomimes to dreams, how to behave in hospitals, small talk, realising his Mum is a northern version of Columbo, and how being a smart-mouthed kid saved him from a life of continually being beaten up. Above all else, it's the Justin you have to come to expect. It's funny and interesting, and perhaps there's a little bit that warms the soul, too.

Canllaw oed/Age guidance 14+

ABERTEIFI / CARDIGAN
30.10.25 – 01.11.25

other
voices



Lleisiau
eraill

PRIS TOCYN YMLAEN LLAW £40
YN GORFFEN AR 30AIN MEHEFIN,
£65 O'R IAF GORFFENNAF
ADVANCE PURCHASE TICKET PRICE
£40 ENDS 30TH JUNE £65 FROM 1ST JULY

BABY BRAVE / BRUNA GARCIA /
CURTISY / DAITHÍ / DANIELLE LEWIS /
DAVID MURPHY / ELLIE O'NEILL /
GOD KNOWS / GWEN SION /
JOSHUA BURNSIDE / KIDSMOKE /
MAKESHIFT ART BAR / MOLLY PALMER /
MORN / QBANAA / ROIS / SALAMAY /
SEAMUS & CAOIMHE UÍ FHLATHARTA /
SIULA / STILL BLUE / TAFF RAPIDS /
TALULAH / TESSIO / THE FACTORY SET /
TOKOMOLOLO / TRAMP / WRKHOUSE /

...A LLAWER MWY I'W CHYHOEDDI!
...AND MANY MORE TO BE ANNOUNCED!

LEIN YP EGLWYS Y SANTES FAIR A CELBRAN YN DOD YN FUANI! /
ST MARY'S CHURCH AND CLEBRAN LINE UP COMING SOON!

ARCHEBWCH NAWR / BOOK NOW: OTHERVOICES.IE
TANYSGRIFIWCH I'N RHESTR BOSTIO /
SUBSCRIBE TO OUR MAILING LIST: MWLDAN.CO.UK

Nerina Pallot

Nos Wener 7 Tachwedd Friday 7 November

7.30pm / £22.50

Mae'r gantores-gyfansoddwraig a enwebwyd am Wobr Mercury a'r Brits, Nerina Pallot, yn dod â'i cherddoriaeth aml-genre a llawn enaid i Mwldan, Aberteifi ym mis Tachwedd hwn fel rhan o'i thaith 'All Roads Lead To'.

Gyda gyrfa sy'n rhychwantu dros ddau ddegawd, mae hi wedi rhyddhau cyfres o albymau wedi'u creffio'n gain. Mae ei cherddoriaeth, sy'n plethu elfennau o bop, gwerin ac indie, wedi swyno cynulleidfaoedd ledled y byd, gyda chaneuon fel *Everybody's Gone to War* a *Sophia* yn amlygu ei dawn i adrodd straeon a chreu alawon cofiadwy. Fel artist hynod annibynnol, mae Pallot yn parhau i wthio ffiniau creadigol, gan greu gwaith llawn emosiwn a chyfoeth sonig sy'n ei chadarnhau fel un o drysorau cerddorol mwyaf tanbriesidig y DU.

Mercury Prize and Brit Nominated singer-songwriter Nerina Pallot brings her jazz influenced, genre defying and soulfully driven sound to Mwldan, Aberteifi this November as part of her 'All Roads Lead To' tour.

With a career spanning over two decades, she has released a string of beautifully crafted albums. Her music, which weaves elements of pop, folk, and indie, has captivated audiences worldwide, with hits like *Everybody's Gone to War* and *Sophia* showcasing her knack for storytelling and melody. A fiercely independent artist, Pallot continues to push creative boundaries, delivering emotionally rich and sonically adventurous work that cements her as one of the UK's most underrated musical gems.



mwldan

Mae hon yn Gynhyrchiad Taith Mwldan - gweler mwldan.co.uk/tours am ddyddiadau llawn y daith / This is a Mwldan Touring Production - see mwldan.co.uk/tours for full tour dates.

A Mwldan Production | Cynhyrchiad y Mwldan

Synergedd:
Alaw | VRi | Hannah James
Nos Fawrth 11 Tachwedd
Tuesday 11 November
7.30pm / £17 (£15)

Daw chwe dawn gerddorol aruthrol o Gymru a Lloegr ynghyd ar gyfer cydweithrediad unigryw ac arbennig a fydd yn mynd â'u hathrylith unigol i'r lefel nesaf gyda'i gilydd.

Mae ALAW, y "Welsh supergroup" (Songlines) yn dathlu cerddoriaeth draddodiadol Cymru gydag angerdd heintus, gan gyfuno cyfansoddi caneuon pwerus gydag alawon gwreiddiol.

Mae VRi wedi ennill yr Albwm Orau yng Ngwobrau Gwerin Cymru ddwywaith, ac yn asio prydferthwch tannau clasurol â hedoniaeth sesiwn dafarn, y cyfan wedi'u rhwymo â harmonïau lleisiol pwerus.

Mae Hannah James yn gerddor, yn gantores ac yn ddawnsraig gyfareddol, arloesol a ddisgrifiwyd fel "a true original" (The Guardian). A hithau'n enwog fel un o'r acordionyddion gorau ar y sîn werin ym Mhrydain, mae ei dawn gerddorol yn ymestyn ymhell y tu hwnt i'r traddodiad.

Six extraordinary musical talents from Wales and England join together for a unique and special collaboration that will take their individual genius to the next collective level.

ALAW, a "Welsh supergroup" (Songlines) celebrate the traditional music of Wales with an infectious passion, combining powerful songwriting with original tunes.

VRi have twice won Best Album at the Wales Folk Awards, and combine the beauty of classical strings with the hedonism of a pub session, all bound with powerful vocal harmonies.

Hannah James is a spellbindingly innovative musician, singer and dancer described as "a true original" (The Guardian). Renowned as one of the best accordionists on the British folk scene, her musicianship extends far beyond the tradition.





Mid Wales Opera Trouble in Tahiti

Nos Fercher 19 Tachwedd
Wednesday 19 November
7.30pm / £18 (£5 o dan 21 / under 21s)

Mae opera un act Bernstein yn ddadansoddiad cain o'r Freuddwyd Americanaidd wych, trwy lygaid Sam a Dinah yn nhŷ pastel a phriodas ffens polion gwyn yr 1950au. Mae triawd 'scat' jazz yn rhoi sylwebaeth wrth i'r cwpl osgoi realiti eu perthynas. I Sam mae'n golygu ei gyfeillion yn y gampfa a'i waith, ac i Dinah ei therapydd a dihangfa ogoneddus Hollywood – a oes bywyd ar ôl yn eu 'priodas berffaith'?

Wedi'i pherfformio yn nhrefniant siambr Yannotta ar gyfer saith offerynwyr, gyda chast o bump dan arweiniad Cyfarwyddwr Cerdd OCC o'r piano, mae'r opera'n llenwi hanner cyntaf y noson, gyda'r ail hanner yn dathlu opera a theatr gerddorol Americanaidd, gyda thema Y Freuddwyd Americanaidd, yn cynnwys yr holl berfformwyr.

Bernstein's one act opera is an exquisite dissection of the great American Dream, through the eyes of Sam and Dinah in their 1950's pastel house and white picket fence marriage. A jazz 'scat' trio provides a running commentary as the couple avoid the realities of their relationship. For Sam it's gym buddies and work, for Dinah trips to her therapist and the glorious technicolour escapism of Hollywood - can their 'dream marriage' survive?

Performed in Yannotta's chamber arrangement for seven instrumentalists, with a cast of five led by MWO's Music Director from the piano, the opera forms the first half of the evening, with the second half cabaret concert The American Dream, celebrating American opera and musical theatre and featuring all the performers.



Natasha Watts Beautiful Soul

Nos Iau 20 Tachwedd
Thursday 20 November
7.30pm / £25

Bydd band byw yn ymuno â Natasha ar daith drwy ganeuon syfrdanol gwreiddiol a chyfarwydd, yn y noson wych hon o gerddoriaeth sy'n gynnwys caneuon gan Gladys Knight, Aretha Franklin, Barbara Streisand, Whitney Houston a llawer mwy.

Mae Natasha Watts yn gantores-gyfansoddwraig Brydeinig enwog sy'n adnabyddus am ei llais deinameg a'i hegni llawn enaid. Gyda chefnidir wedi'i wreiddio mewn cerddoriaeth soul, jazz, ac R&B, mae Watts wedi swyno cynulleidfaoedd gyda'i phresenoldeb llwyfan pwerus a'i hadrodd straeon dilys.

A journey of stunning original and familiar songs, Natasha will be joined by a live band for this fantastic night of music, including songs by Gladys Knight, Aretha Franklin, Barbara Streisand, Whitney Houston and many more.

Natasha Watts is a celebrated British singer-songwriter known for her dynamic voice and soulful energy. With a background rooted in soul, jazz, and R&B, Watts has captivated audiences with her powerful stage presence and authentic storytelling.

Hyrrwyddir gan / Promoted by Natasha Watts



Theatr Bara Caws Llanast!

Nos Wener 21 Tachwedd
Friday 21 November
7.30pm / £15

2 fam, 2 dad, 2 fab x wisgi, tiwlips a ffôn = llanast!

Mae dau bâr o rieni yn cwrdd i drafod ymddygiad eu plant anystywallt - mae plentyn un ohonynt wedi brifo plentyn y llall mewn parc.

Mae'r cyfarfod yn cychwyn yn o gall, a'r pedwar yn ddiagon bonheddig, ond wrth i amser fynd yn ei flaen mae ymddygiad y pedwar yn mynd yn fwyfwy plentynnaidd, a diolch i botel o Benderyn, daw'r cyfarfyddiad i ben mewn anhrefn llwyr!

2 mothers, 2 fathers, 2 sons x whisky, tulips + a mobile phone = carnage!

What happens when two sets of parents meet up to deal with the unruly behaviour of their sons? A calm and rational debate between grown-ups about the need to teach kids how to behave properly? Or a hysterical hour of name-calling, tantrums and tears? In this 'comedy of manners, without the manners', the civilized veneer soon slips, and carnage ensues!

**Perfformir yn yr iaith Gymraeg /
A Welsh language performance**

Canllaw oed/Age guidance 14+



Lighthouse Theatre Company Casablanca

Nos Fawrth 2 Rhagfyr
Tuesday 2 December
7.30pm / £15 (£14)

Lighthouse Theatre CIO & Pontardawe Arts Centre
yn cyflwyno... / Lighthouse Theatre CIO and
Pontardawe Arts Centre present...

Mae'r byd yn rhyfela, ond mae dyn hunan-wneud yn cysgodi ei hun a chamweddau eraill rhag difrod rhyfel mewn bar ym Morocco lle mae llywodraeth Ffrainc Vichy yn rheoli. Mae ffoaduriaid o bob rhan o Ewrop yn dod i Affrica am daith ac iachawdwriaeth. Pan fydd un ohonyn nhw'n cerdded i mewn i'w far...mae ei fyd i gyd yn cael ei droi wyneb yn wyneb â'r dref...am beth fydddech chi'n aberthu popeth?... Mae cwmni 'Playhouse of the Air' yn dychwelyd i ddarlledu'r stori glasur hon am gariad yng Ngogledd Affrica, sydd wedi'i rhwygo gan ryfel, o flaen cynulleidfa theatr fyw - ynghyd â cherddoriaeth fyw, profiad cyn y sioe ac artist 'foley' yn creu'r effeithiau sain ar y llwyfan.

The world is at war, but a self-made man shields himself and other misfits from the ravages of war in a bar in Morocco where the Vichy French government hold sway. Refugees from all over Europe come to Africa for passage and salvation. When one of them walks into his bar...his whole world is turned upside down...for what would you sacrifice everything?... The Playhouse of the Air company returns to broadcast this classic tale of love in war-torn North Africa in front of a live theatre audience - complete with live music, a pre-show experience and a foley artist creating the sound effects on stage.



Ysgol Penparc: Sioe Nadolig

Dydd Iau 4 Rhagfyr
Thursday 4 December
1.30pm + 6.30pm / £6

Mae'n bleser gennym groesawu plant Ysgol Gymunedol Penparc yn ôl atom unwaith eto gyda'u sioe Nadolig newydd o gerddoriaeth a gân ar gyfer 2025! Dewch i ymuno â nhw ar gyfer y digwyddiad arbennig hwn.

We're delighted to welcome the children of Ysgol Gymunedol Penparc back to us once again with their new Christmas show of music and song for 2025! Come and join them for this special event.

Beauty and the Beast

Cardigan Theatre Pantomime: Beauty & The Beast

Dydd Sul 21 Rhagfyr Sunday 21 December	2.00pm
Dydd Llun 22 Rhagfyr Monday 22 December	2.00pm & 7.00pm
Dydd Mawrth 23 Rhagfyr Tuesday 23 December	2.00pm
Dydd Mercher 24 Rhagfyr Wednesday 24 December	2.00pm
Dydd Sadwrn 27 Rhagfyr Saturday 27 December	2.00pm
Dydd Sul 28 Rhagfyr Sunday 28 December	2.00pm
Dydd Llun 29 Rhagfyr Monday 29 December	2.00pm & 7.00pm

Ymunwch â Cardigan Theatre y Nadolig hwn am stori sydd mor hen ag amser. Camwch i fyd hudolus o chwerthin, hud a helynt gyda *Beauty and the Beast!* Y Nadolig hwn, ymunwch â Belle, y Beast, a chast o gymeriadau hoffus am antur hudolus yn llawn gwisgoedd ysblennydd, caneuon cyffrous, a hwyl a sbri y bydd y teulu cyfan yn dwlu arnynt. A fydd Belle yn torri melltrith y Beast? A fydd y ddewines yn rhwystro ei chynlluniau? Ac a fydd Gavin byth yn dod o hyd i ferch ei freuddwydion?

Yn llawn hwyl y panto, jôcs, a digonedd o gyfleoedd i'r gynulleidfa gymryd rhan, *Beauty and the Beast* yw'r trit Nadoligaidd gorau oll. P'un a ydych chi'n 5 neu'n 95 oed, mae rhywbeth i bawb yn y stori dwymgalon hon am gariad, dewrder a harddwch mewnol.

Felly dewch i fwynhau ein panto y tymor hwn a pheidwch â cholli allan - archebwch eich tocynnau nawr a byddwch yn rhan o'r hud!

Join Cardigan Theatre this Christmas for a tale as old as time. Step into an enchanted world of laughter, magic, and mayhem with *Beauty and the Beast!* This Christmas, join Belle, the Beast, and a whole cast of quirky characters for a spellbinding adventure full of dazzling costumes, toe-tapping songs, and hilarious hijinks the whole family will love. Will Belle break the Beast's curse? Will the enchantress foil her plans? And will Gavin ever find the girl of his dreams?

Packed with panto fun, outrageous jokes, and audience participation galore, *Beauty and the Beast* is the ultimate festive treat. Whether you're 5 or 95, there's something for everyone in this heartwarming tale of love, bravery, and inner beauty.

So be our guest this panto season and don't miss out—book your tickets now and be part of the magic!

Hyrwyddir gan /Promoted by Cardigan Theatre

Darllediadau Broadcasts

Darganfyddwch rai o gynyrchiadau theatr, opera, bale a cherddorol gorau'r byd gan gynhyrchwyr mwyaf blaenllaw'r byd. O NT Live i'r Bale a Opera Brenhinol, mae gennym gynnwys gwefreiddiol gan rai o'r enwau mwyaf, yma ar y sgrin yn Aberteifi.

Dyma amserau bras sy'n cynnwys seibiannau (oni nodir y wahannol). Gall tystysgrifiau newid. Edrychwn ar ein gwefan mwldan.co.uk am ddiweddariadau a rhagor o fanylion.

Discover some of the worlds finest theatre, opera, ballet and musical productions from the worlds leading companies. From NT Live to Royal Ballet & Opera, we have exhilarating content from some of the biggest names right here on screen in Cardigan.

Running times are approximate and include intervals (unless otherwise stated). Certificates are subject to change. Please check our website mwldan.co.uk for updates and further details.

NT Live: Inter Alia **15 AS LIVE**

Gweler tudalen 30 am ragor o wybodaeth |
See page 30 for more information

★★★★★

'An absolute knock-out.
Raw, emotional and
deeply unsettling'

TELEGRAPH

National
Theatre
Live

NT Live
A Streetcar Named Desire

15

July / Gorffennaf 15 - 7.00

Awst / August 23 - 2.00

Awst / August 28 - 7.00

£16 (£15)

Gillian Anderson (*Sex Education*), Vanessa Kirby (*The Crown*), a Ben Foster (*Lone Survivor*) sy'n arwain y cast yng nghampwaith bythol Tennessee Williams, sy'n dod yn ôl i sinemâu. Wrth i fyd bregus Blanche chwalu, mae'n troi at ei chwaer Stella am gysur – ond mae ei dirywiad yn dod â hi wyneb yn wyneb â Stanley Kowalski sy'n greulon ac anfaddeugar.

Gan y cyfarwyddwr gweledigaethol Benedict Andrews, cafodd y cynhyrchiad clodwiw hwn ei ffilmio'n fyw ym ystod rhediad a werthodd bob tocy'n yn Theatr Young Vic yn 2014.

Gillian Anderson (*Sex Education*), Vanessa Kirby (*The Crown*), and Ben Foster (*Lone Survivor*) lead the cast in Tennessee Williams' timeless masterpiece, returning to cinemas. As Blanche's fragile world crumbles, she turns to her sister Stella for solace – but her downward spiral brings her face to face with the brutal, unforgiving Stanley Kowalski.

From visionary director Benedict Andrews, this acclaimed production was filmed live during a sold-out run at the Young Vic Theatre in 2014.

Mae hwn yn recordiad o berfformiad byw. | This is a recording of a live performance.



André Rieu

Waltz The Night Away

U TBC

Awst / August 30 - 7.00, 31 - 2.00

Medi / September 7, 14 - 2.00

£18 (£17)

Camwch i mewn i noson o gerddoriaeth, rhamant, a dathlu gyda *Waltz the Night Away!* gan André Rieu. Mae'r cyngerdd haf cwbl newydd hon, sydd wedi'i ddal yn fyw o Sgwâr syfrdanol Vrijthof yn ei dref enedigol o Maastricht, yn dod i sinemâu!

Bob nos, mae'r Vrijthof yn trawsnewid i ystafell ddawns fawreddog wrth i André a'i Cherddorfa Johann Strauss gwahodd cynulleidfaoedd o bob oed i waltzio o dan y sêr. Gydag alawon bythol a waltsiâu hardd, bydd y cyngerdd hwn yn mynd â chi ar daith llawn llawenydd, cariad, ac emosiwn twymgalon.

Step into a night of music, romance, and celebration with André Rieu's *Waltz the Night Away!* An all-new summer concert captured live from the stunning Vrijthof Square in his beloved hometown of Maastricht.

Each night, the Vrijthof transforms into a grand ballroom as André and his Johann Strauss Orchestra invite audiences of all ages to waltz under the stars. With timeless melodies and beautiful waltzes, this concert will take you on a journey filled with joy, love, and heartfelt emotion.

Mae hwn yn recordiad o berfformiad byw. | This is a recording of a live performance.



NT Live Inter Alia

Medi / September 4, 18, 25 - 7.00

Medi / September 20, 27 - 2.00

£16 (£15)

Rosamund Pike (*Gone Girl*, *Saltburn*) a enwebwyd ar gyfer Oscar yw Jessica yn y ddrama nesaf y bu disgwyl mawr amdani gan y tîm a oedd yn gyfrifol am Prima Facie. Barnwr craff yn Llŷs y Goron sydd ar frig ei gyrfa yw Jessica Parks. Y tu ôl i'r wisg, mae hi'n dwlu ar karaoke, yn wraig gariadus ac yn rhiant cefnogol. Pan mae digwyddiad yn bygwth troi ei bywyd wyneb i waered, a all hi ddal ei theulu at ei gilydd? Mae'r awdur Suzie Miller a'r cyfarwyddwr Justin Martin yn aduno yn dilyn eu ffenomen fyd-eang *Prima Facie*, gyda'r archwiliad treiddgar hwn o famolaeth a gwrywod modern.

Bydd y sioe ar 4 Medi yn cael ei ffrydio'n fyw o The Lyttelton Theatre, Llundain. Mae'r sioeau ddilynol ar y 18, 20, 25, 27 Medi yn recordiadau.

Oscar-nominated Rosamund Pike (*Gone Girl*, *Saltburn*) is Jessica in the much-anticipated next play from the team behind Prima Facie. Jessica Parks is a smart Crown Court Judge at the top of her career. Behind the robe, she is a karaoke fiend, a loving wife and a supportive parent. When an event threatens to throw her life completely off balance, can she hold her family upright? Writer Suzie Miller and director Justin Martin reunite following their global phenomenon *Prima Facie*, with this searing examination of modern motherhood and masculinity.

The show on the 4th September will be streamed live from The Lyttelton Theatre, London. The subsequent shows will be recordings.



Royal Ballet and Opera Tosca

Hydref / October 1 - 6.45

Hydref / October 5 - 2.00

£18 (£17)

Yn Rhufain wedi'i difetha gan ryfel, mae Floria Tosca a Mario Cavaradossi yn gwirioni ar ei gilydd ac yn dwlu ar eu celf. Ond pan mae Cavaradossi yn helpu carcharor sydd wedi dianc, mae'r cariadon yn gwneud gelyn marwol, sef y Barwn Scarpia, Prif Swyddog yr Heddlu. Ar drugaredd chwantau gwyrddroedig Scarpia, mae Tosca'n cael ei gorfodi i wneud bargaen ofnadwy: cysgu gyda'r dyn mae hi'n ei gasáu er mwyn achub y dyn mae hi'n ei garu. A all hi ddod o hyd i ffordd allan?

Bydd y sioe ar 1af Hydref yn cael ei ffrydio'n fyw o The Royal Opera House, Llundain. Mae'r sioe ddilynol ar y 5fed Hydref yn recordiad.

In war-torn Rome, Floria Tosca and Mario Cavaradossi live for each other and for their art. But when Cavaradossi helps an escaped prisoner, the lovers make a deadly enemy in the form of Baron Scarpia, Chief of Police. At the mercy of Scarpia's twisted desires, Tosca is forced to make a horrific bargain: sleeping with the man she hates in order to save the man she loves. Can she find a way out?

The show on the 1st October will be streamed live from The Royal Opera House, London. The subsequent show which take place on 5th October is a recording.



Met Opera mewn cysylltiad â RBO / Met Opera in association with RBO La Sonnambula

Hydref / October 21 - 6.45

£18 (£17)

Yn dilyn perfformiadau penigamp gyda'r Met yn Roméo et Juliette, La Traviata, a Lucia di Lammermoor, mae Nadine Sierra yn cyrraedd brig arall yn repertoire y soprano fel Amina, sy'n cyfareddu ei ffordd yn dawel i galonau cynulleidfaoedd yn stori deimladwy Bellini am gariad a gollwyd ac a ddarganfuwyd. Yn ei gynhyrchiad newydd, mae Rolando Villazón - y tenor sydd wedi cychwyn ar ail yrfa wych fel cyfarwyddwr - yn cadw lleoliad gwreiddiol yr opera yn Alpau'r Swistir ond yn defnyddio ei blot breuddwydiol i archwilio dyffrynnoedd emosiynol a seicolegol y meddwl.

Bydd y sioe ar 21 Hydref yn cael ei ffrydio'n fyw.

Following triumphant Met turns in Roméo et Juliette, La Traviata, and Lucia di Lammermoor, Nadine Sierra summits another peak of the soprano repertoire as Amina, who sleepwalks her way into audiences' hearts in Bellini's poignant tale of love lost and found. In his new production, Rolando Villazón—the tenor who has embarked on a brilliant second career as a director—retains the opera's original setting in the Swiss Alps but uses its somnambulant plot to explore the emotional and psychological valleys of the mind.

The show on the 21 October will be streamed live.



Royal Ballet and Opera La Fille Mal Gardée

Tachwedd / November

5 - 7.15, 9 - 2.00

£18 (£17)

65 mlynedd ar ôl ei berfformiad cyntaf, mae'r Royal Ballet yn cyflwyno *La Fille Mal Gardée* gan Frederick Ashton. Mae'r portread annwyl hwn o fywyd pentrefol yn cyfuno hiwmor afieithus a choreograffi dyfeisgar gwych yn yr hyn sydd heb os yn llythyr serch gan Ashton at gefn gwlad Lloegr. Mae La Fille Mal Gardée yn ein cludo i hapusrwydd gwledig gyda sgôr llawen Ferdinand Hérold a dyluniadau lliwgar Osbert Lancaster.

Bydd y sioe ar 5 Tachwedd yn cael ei ffrydio'n fyw. Mae'r sioe ddilynol ar y 9 Tachwedd yn recordiad.

65 years after its premiere, The Royal Ballet presents Frederick Ashton's *La Fille Mal Gardée*. This affectionate portrayal of village life combines exuberant good humour and brilliantly inventive choreography in what is undoubtedly Ashton's love letter to the English countryside. La Fille Mal Gardée whisks us away into pastoral bliss with Ferdinand Hérold's cheerful score and Osbert Lancaster's colourful designs.

The show on the 5 November will be streamed live. The subsequent show which takes place on 9 November is a recording.

Royal Ballet and Opera Cinderella

Tachwedd / November

25 - 7.15, 30 - 2.00

£18 (£17)

Yn gaeth i'r cartref ac wedi'i gorfodi i weithio gan ei Llyschwirydd ofnadwy, mae bywyd Cinderella yn undonog ac yn ddiflas. Mae popeth yn newid pan mae hi'n helpu menyw ddirgel... Gydag ychydig bach o hud, caiff ei chludo i fyd newydd arallfydol – byd lle mae tylwyth teg yn dod â rhoddion y tymhorau, lle mae pwmpennin troi'n gerbydau, a lle mae gwir gariad yn aros amdani.

Bydd y sioe ar 25 Tachwedd yn cael ei ffrydio'n fyw. Mae'r sioe ddilynol ar y 30 Tachwedd yn recordiad.

Stuck at home and put to work by her spoiled Step-Sisters, Cinderella's life is dreary and dull. Everything changes when she helps a mysterious woman out...With a little bit of magic, she is transported into an ethereal new world – one where fairies bring the gifts of the seasons, where pumpkins turn into carriages, and where true love awaits.

The show on the 25 November will be streamed live. The subsequent show which takes place on 30 November is a recording.



André Rieu 2025 Christmas Concert Merry Christmas

Rhagfyr / December

6, 7, 13, 31 - 2.00

£18 (£17)

Tocynnau ar werth o 29 Awst /
Tickets on sale from 29 August



Royal Ballet and Opera The Nutcracker

Rhagfyr / December

10 - 7.15, 14 - 2.00

£18 (£17)

Mae angen i'r dewin Herr Drosselmeyer achub ei nai. Mae Hans-Peter wedi cael ei droi'n Nutcracker; yr unig ffordd i'w achub yw i'r Nutcracker drechu'r Mouse King a dod o hyd i ferch i'w garu ac i ofalu amdano. Daw fflach o obaith pan mae Drosselmeyer yn cwrdd â Clara ifanc mewn parti Nadolig. Gyda rhywfaint o hud, mae parti Nadoligaidd clyd yn troi'n antur ryfeddol.

Bydd y sioe ar 10 Rhagfyr yn cael ei ffrydio'n fyw. Mae'r sioe ddilynol ar y 14 Rhagfyr yn recordiad.

The magician Herr Drosselmeyer needs to save his nephew. Hans-Peter has been transformed into a Nutcracker; the only way to save him is for the Nutcracker to defeat the Mouse King and find a girl to love and care for him. A flicker of hope comes in the form of the young Clara, whom Drosselmeyer meets at a Christmas party. With some magic, a cosy Christmas gathering turns into a marvellous adventure.

The show on the 10 December will be streamed live. The subsequent show which takes place on 14 December is a recording.





28 Years Later 15 TBC

Danny Boyle | UK | USA | tbc'

Gweler tudalen 39 am ragor o wybodaeth | See page 39 for more information

Sinema Cinema

Bydd ffilmiau'n
DECHRAU ar yr
amser a hysbysebir.
Films START at
the advertised time.

Croeso i'n tymor haf o sinema. O oreuon pryfoclyd indi i ffilmiau poblogaidd blocbyster, mae ein rhaglen ffilm wedi'i churadu'n ofalus ac yn addo i ysbrydoli a diddanu.

Gall amserlenni sinema newid ar fyr rybudd. Argymhellwn eich bod yn archebu eich tocynnau ymlaen llaw pryd bynnag bo'n bosibl – yna gallwn gysylltu â chi os bydd unrhyw amgylchiadau annisgwyl yn codi.

Ewch i'n gwefan am ddiweddariadau ar isdeotlau, disgrifiadu sain, tystystgrifiau, amseroedd a gwymbodaeth am ffotosensitifrywd.

Prisiau'r sinema | Cinema prices:

£8.40 **Oedolion | Adults**

£7.70 **Gostyngiadau**

(Pobl Hyn 60+ / Pobl Anabl / Ceiswyr Gwaith / Myfyrwir Llawn Amser 15+)

Concessions

(Senior 60+ / Full Time Student 15+ / Disabled / Job seekers / Income support)

£5.90 **Ar gyfer plant oed 14 ac yn iau a Aelodau CFThM llawn a Ticketsavers
Children aged 14 and under and TMFS Full Members and Ticketsavers**

ST Isdeitlau / Subtitles

R Ddangosiad Hamddenol / Relaxed Screening

Cyfle arall i weld Another chance to see

Elio U TBC

Mehefin | June
27 - 7.15, 28 - 1.15, 4.15, 7.30, 29 - 12.45, 5.00, 7.00

Gorffennaf | July

1 - 6.45, 2 - 5.00, 3 - 5.15, 5 - 11.00, 6 - 12.45,
13 - 12.15 12A, 19 - 24 - 1.15

Awst | August

1 - 7 - 2.00, 8 - 21 - 1.45, 29 - 31 - 4.15

Medi | September

1, 2 - 4.15

How To Train Your Dragon PG

Mehefin | June
28 - 2.45

Gorffennaf | July

6 - 5.00, 13 - 3.00, 19 - 24 - 4.00

Awst | August

1 - 7 - 4.45, 22, 24 - 30 - 1.00

Medi | September 1 - 1.00

Juliet & Romeo 12A

Mehefin | June
28 - 8.15

The Salt Path 12A

Awst | August
29 - 7.15, 31 - 6.00

Medi | September

1 - 7.15, 2 - 7.15 12A, 3 - 7.15, 4 - 6.45



F1 12A TBC

Joseph Kosinski | USA | 2025 | tbc'

Mehefin | June

25, 26 - 6.45, 27 - 7.30, 28 - 12.45, 4.00, 7.00, 29 - 1.30, 3.30, 7.45

Gorffennaf | July

1 - 7.00, 2 - 7.00 12A, 3, 4 - 7.00, 5 - 4.15, 8.00,
6 - 1.30, 3.30, 7.00, 8 - 10 - 7.00

Ffilm nodwedd llawn cyffro gan wneuthurwyr *Top Gun: Maverick* yw *F1* gyda Brad Pitt. Wedi'i alw "the greatest that never was," Sonny Hayes (Pitt) oedd ffenomen fwyaf addawol Fformiwla 1 yn y 1990au nes i ddamwain ar y trac bron â dod â'i yrfa i ben. Ddeng mlynedd ar hugain yn ddiweddarach, rasiwr crwydrol sydd ar gael i'w hurio ydyw. Ond yna mae ei gyn cyd-aelod tîm (Javier Bardem) yn cysylltu ag ef, ac yn perswadio Sonny i ddod yn ôl i Fformiwla 1 am un cyfle olaf i achub y tîm a bod y gorau yn y byd.

From the makers of *Top Gun: Maverick* comes the high-octane, action-packed feature film *F1*, starring Brad Pitt. Dubbed "the greatest that never was," Sonny Hayes (Pitt) was Formula 1's most promising phenomenon of the 1990s until an accident on the track nearly ended his career. Thirty years later, he's a nomadic racer-for-hire when he's approached by his former teammate (Javier Bardem), who convinces Sonny to come back to Formula 1 for one last shot at saving the team and being the best in the world.



Karate Kid: Legends 12A

Jonathan Entwistle | USA | 2025 | 94'

Mehefin | June

27 - 6.45, 28 - 5.45

Gorffennaf | July

3 - 5.45, 5 - 11.15

Yn *Karate Kid: Legends*, ar ôl trasiedi deuluol, mae Li Fong (Ben Wang) sy'n eithriadol ddawnus mewn kung fu yn cael ei ddadwreiddio o'i gartref yn Beijing a'i orfodi i symud i Ddinas Efrog Newydd gyda'i fam. Mae Li'n cael trafferth gadael ei orffennol ar ôl wrth iddo geisio ffitio i mewn, ac er nad yw eisiau ymladd, mae trafferth yn dod o hyd iddo ym mhobman. Pan mae ffrind newydd angen ei help, mae Li yn cystadlu mewn cystadleuaeth karate, ond nid yw ei sgiliau yn unig yn ddigon, ac mae'n rhaid i Li uno dwy arddull yn un ar gyfer yr ornest crefftau ymladd eithaf.

In *Karate Kid: Legends*, after a family tragedy, kung fu prodigy Li Fong (Ben Wang) is uprooted from his home in Beijing and forced to move to New York City with his mother. Li struggles to let go of his past as he tries to fit in and although he doesn't want to fight, trouble seems to find him everywhere. When a new friend needs his help, Li enters a karate competition, but his skills alone aren't enough and Li must merge two styles into one for the ultimate martial arts showdown.



Jurassic World: Rebirth 12A TBC

Gareth Edwards | USA | 2025 | tbc'

Gorffennaf | July

2 - 8.00, **3** - 2.00, 8.00, 4 - 7.45, **5, 6** - 1.15, 4.30, 7.45, **8, 9** - 7.45, **10** - 7.45 ST, **11** - 7.15, **12, 13** - 1.15, 4.30, 7.45, **15 - 18** - 7.15, **19 - 24** - 7.00

Awst | August

1 - 7 - 7.45, **15 - 21** - 4.30, **29 - 31** - 7.30

Medi | September

6 - 4.30

Dyma gychwyniad oes newydd. Yr haf hwn, mae'r gyfres Jurassic oesol yn datblygu i gyfeiriad newydd dyfeisgar gyda *Jurassic World: Rebirth*. Gyda'r seren eiconig y ffilmiau cyffro Scarlett Johansson wrth y llyw, yr enwebai Emmy a SAG Jonathan Bailey a Mahershala Ali sydd wedi ennill Oscar® ddwywaith, mae'r bennod newydd llawn cyffro hon yn gweld fîm yn prysuro i'r lle mwyaf peryglus ar y Ddaear, cyfleuster ymchwil ar ynys ar gyfer y Jurassic Park gwreiddiol, lle mae'r gwaethaf o'r gwaethaf a adawyd ar ôl yn byw.

A new era is born. This summer, the enduring Jurassic series evolves in an ingenious new direction with *Jurassic World: Rebirth*. Anchored by iconic action superstar Scarlett Johansson, Emmy and SAG nominee Jonathan Bailey and two-time Oscar® winner Mahershala Ali, this action-packed new chapter sees an extraction team race to the most dangerous place on Earth, an island research facility for the original Jurassic Park, inhabited by the worst of the worst that were left behind.



Ocean with David Attenborough PG

Toby Nowlan | UK | 2025 | 85'

Gorffennaf | July

3 - 8.15, **10** - 2.00, **13** - 6.00, **16** - 7.00, **17** - 2.00, 7.00

Medi | September

1 - 7.00 ST, **2, 3** - 7.00

Mae *Ocean With David Attenborough* yn tywys gwylwr ar daith syfrdanol sy'n dangos nad oes unman yn fwy hanfodol ar gyfer ein goroesiad, yn fwy llawn bywyd, llawn rhyfeddod, neu llawn syndod, na'r cefnfor. Mae'r darlledwr a'r gwneuthurwr ffilmiau enwog yn datgelu sut mae ei oes wedi cyd-daro ag oes bwysig o ran darganfod cefnforoedd. Trwy ddilyniannau ysbennydd yn cynnwys riffiau cwrel, fforestau lludwymon a'r cefnfor agored, mae Attenborough yn rhannu pam mae cefnfor iach yn cadw'r blaned gyfan yn sefydlog ac yn ffyniannus.

Ocean With David Attenborough takes viewers on a breathtaking journey showing there is nowhere more vital for our survival, more full of life, wonder, or surprise, than the ocean. The celebrated broadcaster and filmmaker reveals how his lifetime has coincided with the great age of ocean discovery. Through spectacular sequences featuring coral reefs, kelp forests and the open ocean, Attenborough shares why a healthy ocean keeps the entire planet stable and flourishing.



28 Years Later 15 TBC

Danny Boyle | UK | USA | 2025 | tbc'

Mae bron i dri degawd wedi mynd heibio ers i'r firws rage ddianc o labordy arfau biolegol. Gan barhau i fyw mewn cwarantîn sy'n cael ei orfodi'n llym, mae rhai pobl wedi dod o hyd i ffyrdd o fyw ymhlith y rheini sydd wedi'u heintio. Mae un grŵp o oroeswyr o'r fath yn byw ar ynys fach sydd wedi'i chysylltu â'r tir mawr gan sarn sydd wedi'i amddiffyn yn helaeth. Pan mae un ohonyn nhw'n penderfynu mentro i'r tir mawr, mae'n darganfod mwntaniad sydd wedi lledu nid yn unig i'r rheini sydd wedi'u heintio, ond i oroeswyr eraill hefyd.

Gyda Jodie Comer, Ralph Fiennes ac Aaron Taylor-Johnson.

It's been almost three decades since the rage virus escaped from a biological weapons laboratory. Still living in a ruthlessly enforced quarantine, some have found ways to exist amid the infected. One such group of survivors lives on a small island connected to the mainland by a single, heavily defended causeway. When one of them decides to venture onto the mainland, he soon discovers a mutation that has spread to not only the infected, but other survivors as well.

Starring Jodie Comer, Ralph Fiennes and Aaron Taylor-Johnson.

Gorffennaf | July
4 - 7.15, **5** @ 1.00,
6 - 8.00, **8** - 7.15 ST, **9, 10** - 7.15,
11 - 7.45, **13** - 8.30



Superman 12A TBC

James Gunn | USA | 2025 | tbc'

Mae *Superman*, ffilm nodwedd gyntaf DC Studios i ddod i'r sgrin fawr, ar fin hedfan i mewn i theatrau ledled y byd yr haf hwn. Yn ei arddull nodweddiadol, mae James Gunn yn mynd i'r afael â'r uwch-arwr gwreiddiol yn y DC Universe ar ei newydd wedd gyda chymysgedd unigryw o gyffro epig, hiwmor ac ysbryd, gan gyflwyno Superman sy'n cael ei ysgogi gan dosturi a chred gynhenid yn naioni dynolryw.

Superman, DC Studios' first feature film to hit the big screen, is set to soar into theatres worldwide this summer. In his signature style, James Gunn takes on the original superhero in the newly imagined DC Universe with a singular blend of epic action, humour and heart, delivering a Superman who's driven by compassion and an inherent belief in the goodness of humankind.

Gorffennaf | July
11 - 7.00, **12, 13** - 1.00, 4.15, 7.30, **15** - 7.30, **16** - 7.30 ST, **17, 18** - 7.30, **19-24** - 1.00, 4.15, 7.30, **25-31** - 7.00

Awst | August
1-7 - 7.00, **22-28** - 4.15, **29** - 7.00, **30, 31** - 7.15



Smurfs U TBC

Chris Miller | USA | Belgium | Italy | 2025 | tbc'

Gorffennaf | July
18 - 7.00, **19-26** - 1.45, 4.30, 7.15, **27** - 1.45, 4.30 ST, 7.15, **28-31** - 1.45, 4.30, 7.15

Awst | August
8-14 - 4.30, **22-31** - 1.30

Medi | September
1, 2, 6, 7, 13 - 1.30, **28** - 12.45

Pan mae Papa Smurf yn cael ei gipio'n ddiregel gan ddewiniaid drwg, mae Razamel, Gargamel a Smurfette (Rihanna) yn arwain y Smurfs ar genhadaeth i'r byd go iawn er mwyn ei achub. Gyda chymorth gan ffrindiau newydd, rhaid i'r Smurfs ddarganfod beth sy'n diffinio eu tynged er mwyn achub y bydysawd. Mae gan *Smurfs* gast lleisiol llawn sêr gan gynnwys James Corden, Nick Offerman, Daniel Levy, Amy Sedaris, Natasha Lyonne, Kurt Russell a John Goodman.

When Papa Smurf is mysteriously taken by evil wizards, Razamel, Gargamel and Smurfette (Rihanna) lead the Smurfs on a mission into the real world to save him. With the help of new friends, the Smurfs must discover what defines their destiny to save the universe. *Smurfs* features an all-star voice cast including James Corden, Nick Offerman, Daniel Levy, Amy Sedaris, Natasha Lyonne, Kurt Russell and John Goodman.



The Bad Guys 2 U TBC

Pierre Perifel | JP Sans | 2025 | USA | tbc'

Gorffennaf | July
25-31 - 1.15, 4.00

Awst | August
1-7 - 1.15, 4.00, **22, 23** - 1.45, **24** - 1.45 ST, **25-31** - 1.45

Medi | September
1 - 1.45 ST, **2** - 1.45, **6, 7, 13** - 4.15, **27** - 1.45, **28** - 1.15

Dyma hoff ddihirod pawb nôl, a'r tro hwn, mae cwmni ganddyn nhw. Yn y bennod newydd llawn cyffro o gomedi boblogaidd DreamWorks Animation am griw o anifeiliaid troseddol, mae ein Bad Guys, sydd bellach wedi gwella eu hymddygiad, yn ceisio (yn galed iawn, iawn) bod yn dda. Ond yn hytrach, maen nhw'n cael eu gorfodi i gymryd rhan mewn lladrad byd-eang peryglus, wedi'i gynllunio'n gyfan gwbl gan dîm newydd o droseddwyd nad oeddent yn ymwybodol ohonynt: The Bad Girls.

Everyone's favourite felons are back, and this time, they've got company. In the new action-packed chapter from DreamWorks Animation's acclaimed comedy smash about a crackerjack crew of animal outlaws, our now-reformed Bad Guys are trying (very, very hard) to be good, but instead find themselves hijacked into a high-stakes, globe-trotting heist, masterminded by a new team of criminals they never saw coming: The Bad Girls.



Fantastic Four: First Steps 12A TBC

Matt Shakman | USA | 2025 | tbc'

Ysbrydoli gan y 1960au, mae *The Fantastic Four: First Steps* gan Marvel Studios yn cyflwyno Teulu Cyntaf Marvel - Mister Fantastic, Invisible Woman, Human Torch a The Thing wrth iddynt wynebu eu her fwyaf brawychus hyd yma. Wedi'u gorfodi i gydbwyso eu rolau fel arwyr â chryfder eu cwlwm teuluol, rhaid i'r Fantastic Four amddiffyn y Ddaear rhag duw gofod rheibus o'r enw Galactus a'i Herald enigmatig, Silver Surfer.

Set in a 1960s-inspired, retro-futuristic world, Marvel Studios' *The Fantastic Four: First Steps* introduces Marvel's First Family—Mister Fantastic, Invisible Woman, Human Torch and The Thing as they face their most daunting challenge yet. Forced to balance their roles as heroes with the strength of their family bond, the Fantastic Four must defend Earth from a ravenous space god called Galactus and his enigmatic Herald, Silver Surfer.

Gorffennaf | July
25–31 - 1.00, 4.15, 7.30

Awst | August
1 - 1.00, 4.15, 7.30 **ST**,
2–7 - 1.00, 4.15, 7.30,
22, 24–30 - 4.00

Medi | September
1 - 4.00, 6 - 1.15



Freakier Friday PG TBC

Nisha Ganatra | USA | 2025 | tbc'

Flynnydoedd ar ôl i Tess ac Anna ddioddef argyfwng o ran hunaniaeth, mae gan Anna ferch ei hun nawr a chyn hir bydd ganddi lysferch. Wrth iddynt lywio'r llu o heriau sy'n dod pan mae dau deulu'n uno, mae Tess ac Anna yn darganfod y gall mellt, siŵr iawn, daro ddwywaith. Mae'r dilyniant hwn i'r ffilm annwyl o 2003 gydag agwedd aml-genhedlaeth yn gweld Jamie Lee Curtis a Lindsay Lohan yn ailgydio yn eu rolau fel Tess ac Anna.

Years after Tess and Anna endured an identity crisis, Anna now has a daughter of her own and a soon-to-be stepdaughter. As they navigate the myriad challenges that come when two families merge, Tess and Anna discover that lightning might indeed strike twice. This sequel to the beloved 2003 film with a multigenerational twist sees Jamie Lee Curtis and Lindsay Lohan reprise their roles as Tess and Anna.

Awst | August
8–14 - 1.15, 4.45, 7.45,
15–21 - 1.15, 5.00, 8.00,
22–26 - 4.30, 27 - 4.30 **ST**,
28–31 - 4.30

Medi | September
1, 2 - 4.30



I know What You Did Last Summer

15 TBC

James Mangold | USA | 2025 | 140'

Awst | August
8-10 - 7.15, 11-7.15 **ST**, 12-14 - 7.15

Pan mae pump o ffrindiau yn achosi damwain car farwol yn anfwriadol, maen nhw'n cuddio'u rhan ynddi yn hytrach na wynebu'r canlyniadau. Flwyddyn yn ddiweddarach, mae eu gorffennol yn dod yn ôl i'w poenydio, ac maen nhw'n cael eu gorfodi i wynebu gwirionedd erchyll: mae rhywun yn gwybod beth wnaethon nhw'r haf diwethaf... ac mae'n benderfynol o ddial. Wrth i lofrudd stelcio'r ffrindiau, un ar y tro, maen nhw'n darganfod bod hyn wedi digwydd o'r blaen, ac maen nhw'n troi at ddau o oroseswyr Lladdfa enwog Southport ym 1997 am gymorth.

When five friends inadvertently cause a deadly car accident, they cover up their involvement rather than face the consequences. A year later, their past comes back to haunt them, and they're forced to confront a horrifying truth: someone knows what they did last summer...and is hell-bent on revenge. As one by one the friends are stalked by a killer, they discover this has happened before, and they turn to two survivors of the legendary Southport Massacre of 1997 for help.



The Naked Gun

15 TBC

Akiva Schaffer | USA | 2025 | tbc'

Awst | August
8-21 - 1.00, 4.15, 7.30, 22 - 7.15, 23 - 6.00, 24-7.15 **ST**, 25-27 - 7.15

Y ffilm Naked Gun bwysicaf ers... y ffilmiau Naked Gun eraill. Un dyn yn unig sydd â'r set sgiliau benodol... i arwain Llu'r Heddlu ac achub y byd! Mae'r Is-gapten Frank Drebin Jr. (Liam Neeson) yn dilyn ôl troed ei dad yn *The Naked Gun*, gan y cyfarwyddwr Akiva Schaffer (*Saturday Night Live*) a'r cynhyrhydd Seth MacFarlane (*Ted*, *Family Guy*). Yn ymuno â'r achos mae'r cast Pamela Anderson, Paul Walter Hauser, CCH Pounder, Kevin Durand, Cody Rhodes, Liza Koshy, Eddie Yu, gyda Danny Huston.

The single most important Naked Gun movie since... the other Naked Gun movies. Only one man has the particular set of skills... to lead Police Squad and save the world! Lt. Frank Drebin Jr. (Liam Neeson) follows in his father's footsteps in *The Naked Gun*, directed by Akiva Schaffer (*Saturday Night Live*) and from producer Seth MacFarlane (*Ted*, *Family Guy*). Joining the case are cast Pamela Anderson, Paul Walter Hauser, CCH Pounder, Kevin Durand, Cody Rhodes, Liza Koshy, Eddie Yu, with Danny Huston.



Four Letters Of Love

12A TBC

Polly Steele | UK | Ireland 2024 | tbc'

Awst | August
15-18 - 7.45, 19 - 7.45 **ST**, 20, 21 - 7.45

Does dim os nac oni bai mai gyda'i gilydd bydd Nicholas Coughlan ac Isabel Gore. Does dim amheuaeth am y peth. Y cwestiwn yw, a fyddan nhw byth yn sylweddoli hynny ai peidio. Wrth i ysbrydion, tynged a phŵer gwir gariad dynnu Nicholas ac Isabel ynghyd, felly hefyd mae bywyd yn bygwth eu rhwygo ar wahân. Mae'r ffilm yn seiliedig ar nofel Niall Williams, gyda'r sêr Piers Brosnan, Helena Bonham Carter a Gabriel Byrne.

Nicholas Coughlan and Isabel Gore are fated to be together. That is as sure as the sky is blue and the sea is ever-changing. The question is whether or not they will ever find out. As ghosts, fate and the sheer power of true love pull Nicholas and Isabel together, so too does life threaten to tear them apart. Based on Niall Williams' best-selling novel, the film stars Piers Brosnan, Helena Bonham Carter and Gabriel Byrne.



Bring Her Back

15 TBC

Danny Philippou | Michael Phillipou | Australia | 2025 | tbc'

Awst | August
22-25 - 7.30, 26 - 7.30 **ST**, 27-28 - 7.30

Bydd ffans ffilmiau arswyd yn cofio'r ffilm ddwys o 2023, *Talk to Me*, ond mae mwy i ddod wrth i gyfarwyddwyr y ffilm, Danny a Michael Phillipou, godi disgwyliadau gyda'u teitl nesaf, *Bring Her Back*. Mae Sally Hawkins yn chwarae rhan Laura, gweithiwr gofal plant a chwmselydd sy'n maethu Oliver, plentyn amddifad nad yw'n gallu cyfathrebu, cyn croesawu'r llyso frawd a chwaer Andy a Piper, sydd newydd gael eu hamddifadu. Ffilm gyffro afaelgar yw *Bring Her Back* sy'n dilyn chwiliad desbrad am berson coll ac yn archwilio'r perthnasoedd cymhleth a'r cyfrinachau tywyll sy'n dod i'r amlwg.

Horror fans will remember the intense 2023 film *Talk to Me*, but there's more to come as the movie's directors Danny and Michael Phillipou up the ante for their next title, *Bring Her Back*. Sally Hawkins plays Laura, a childcare worker and counsellor who fosters a non-communicative orphan Oliver, before taking in recently orphaned step-siblings Andy and Piper. *Bring Her Back* is a gripping thriller that follows a desperate search for a missing person and explores the complex relationships and dark secrets that surface.



Weapons

15 TBC

Zach Cregger | USA | 2025 | tbc'

Awst | August
22-24 - 7.45, 25 - 7.45 **ST**, 26-28 - 7.45

Mae rhywbeth o'i le yn Maybrook. Pan mae pob plentyn namyn un o'r un dosbarth yn diflannu heb esboniad ar yr un noson, ar yr un pryd yn union, mae cymuned yn cwestiynu pwy neu beth sydd y tu ôl i'w diflaniad. Bydd ffans ffilmiau arswyd a ganddynt ddyfnder seicolegol a mymryn o sylwebaeth gymdeithasol wrth eu bodd â stori uchelgeisiol *Weapons*. Mae'r ffilm yn serennu Josh Brolin a Julia Garner (Ozark, Inventing Anna).

There's something wrong in Maybrook. When all but one child from the same class mysteriously vanishes on the same night at exactly the same time, a community is left questioning who or what is behind their disappearance. Fans of horror films with psychological depth and a touch of social commentary will love the ambitious storyline of *Weapons*. The film stars Josh Brolin and Julia Garner (Ozark, Inventing Anna).



The Roses 15 TBC

Jay Roach | UK | USA | 2025 | tbc'

Mae bywyd yn ymddangos yn hawdd i'r pâr perffaith Ivy (Olivia Colman) a Theo (Benedict Cumberbatch): gyrfaoedd llwyddiannus, priodas gariadus, plant hyfryd. Ond o dan wyneb eu bywyd delfrydol, mae storm yn corddi - wrth i yrfa Theo chwalu'n sydyn tra bod uchelgeisiau Ivy'n cael eu gwireddu, mae cystadleuaeth ffyrnig a dicter cudd yn tanio. Mae The Roses yn ailwampio'r ffilm glasur o 1989 *The War of the Roses*, a oedd yn seiliedig ar y nofel gan Warren Adler.

Life seems easy for picture-perfect couple Ivy (Olivia Colman) and Theo (Benedict Cumberbatch): successful careers, a loving marriage, great kids. But beneath the façade of their supposed ideal life, a storm is brewing – as Theo's career nosedives while Ivy's own ambitions take off, a tinderbox of fierce competition and hidden resentment ignites. The Roses is a reimagining of the 1989 classic film *The War of the Roses*, based on the novel by Warren Adler.

Medi | September

1 - 3 - 7.30, 4 - 2.00, 7.30, 5 - 7.30, 6 - 1.45, 4.45, 7.45, 7 - 1.45, 4.45, 7.45 ST, 9, 10 - 7.15, 11 - 2.00, 7.15, 12 - 6.45, 13 - 1.45, 4.45, 7.45, 14 - 1.45 R, 4.45, 7.45, 16 - 18 - 6.45, 20, 27 - 5.00, 28 - 3.30



Cubanas Mujeres En Revolucion 12A TBC

(Women's Power in the Cuban Revolution)

Maria Torrellas | Argentina | 2018 | 84'

Mae dangosiad arbennig wedi'i noddi a'i drefnu gan Gŵyl Ffilm WOW, UNITE Community Cymru a Cymru Cuba, Ymgyrch Cydsafiad Ciwba yng Nghymru, Cubanas Mujeres En Revolucion yn ffilm ddogfen ddyrchafol sy'n cronicle rôl arloesol merched yn hanesyddol ac yng Nghiwba heddiw. Peidiwch â cholli'r cyfle i weld y rhaglen ddogfen arobryn hon.

Yn ymuno â'r dangosiad bydd Llysgennad Ciwba Ismara Vargas Walter a Elin Jones AS ac yn cynnwys sesiwn holi-ac-ateb gyda chyfarwyddwr y ffilm.

A special screening presented by WOW Film Festival and Cymru Cuba, supported by UNITE Community Wales. Cubanas Mujeres En Revolucion is an uplifting documentary that chronicles the seminal role of women both historically and in today's Cuba. Don't miss the opportunity to see this award-winning documentary.

The screening will be joined by the Cuban Ambassador Ismara Vargas Walter and Elin Jones AS and will include a Q & A with the film's director.

Medi | September
5 - 7.00

Hyrwyddir gan / Promoted by:

Gŵyl Ffilm WOW, UNITE Community Cymru a Cymru Cuba

WOW Film Festival and Cymru Cuba, supported by UNITE Community Wales



WOW FILM FESTIVAL
GŴYL FFILM WOW





The Life Of Chuck 15 TBC

Mike Flanagan | USA | 2025 | tbc'

Medi | September

5 - 7.45, 6 - 8.00, 7 - 6.45, 9 - 7.45, 10 - 7.45 ST, 11 - 7.45

O galonau a meddyliau Stephen King a Mike Flanagan daw *The Life Of Chuck*, stori ryfeddol dyn cyffredin. Mae'r stori fythgofiadwy hon, sy'n plygu genres, yn dathlu bywyd Charles 'Chuck' Krantz wrth iddo brofi rhyfeddod cariad, galar colled, a'r amrywiaethau sydd ym mhob un ohonom. Gyda Tom Hiddleston.

From the hearts and minds of Stephen King and Mike Flanagan comes *The Life Of Chuck*, the extraordinary story of an ordinary man. This unforgettable, genre-bending tale celebrates the life of Charles 'Chuck' Krantz as he experiences the wonder of love, the heartbreak of loss, and the multitudes contained in all of us. Starring Tom Hiddleston.



Materialists 12A TBC

Celine Song | USA | Finland | 2025 | tbc'

Medi | September

6, 7, 9 - 11 - 7.00, 12 - 7.30, 13 - 7.00, 16 - 7.30 ST, 17 - 7.30

Mae *Materialists* yn dilyn stori Lucy (Dakota Johnson), trefnwr priodasau o Efrog Newydd. A hithau'n uchelgeisiol ac yn ddisglair, mae byd Lucy yn cael ei droi wyneb i waered pan mae'n rhaid iddi ddewis rhwng Harry perffaith (Pedro Pascal), a'i chyn-gariad amherffaith ond hudolus John (Chris Evans). Mae *Materialists* yn archwilio cydnawsedd, a phwysigrwydd perthnasoedd y gorffennol wrth chwilio am wir gariad. Gyda Celine Song wrth y llyw (cyfarwyddwr y ffilm *Past Lives* a enwebwyd am Oscar), mae cymysgedd anorchfygol o ysgafnder a dyfnder i'r gomedi ramantus hon.

Materialists follows the story of Lucy (Dakota Johnson), a New York based matchmaker. Ambitious and brilliant, Lucy's world is turned upside down when she finds herself torn between the perfect Harry (Pedro Pascal), and her imperfect but irresistible ex John, (Chris Evans). *Materialists* explores compatibility, and the importance of past relationships in the search for true love. With Celine Song at the helm (director of the Oscar-nominated *Past Lives*), there's an irresistible mix of lightness and depth to this rom-com.



Downton Abbey: The Grand Finale PG TBC

Simon Curtis | UK | USA | 2025 | tbc'

Mae'r amser wedi dod i ffarwelio. A chithau'n meddwl eich bod wedi gweld y Crawleys am y tro olaf, mae Julian Fellows yn rhoi un achlysur olaf i ni ei fwynhau gyda'n hoff foneddigion yn nhrydedd ffilm (a'r ffilm olaf) *Downton Abbey*. Wedi'i gosod yn y 1930au, mae'r cyfnod hwn yn nodi newidiadau a heriau sylweddol i'r teulu Crawley wrth iddynt lywio'r byd modern. Bydd y ffilm yn talu teyrnged i'r ddiweddar Fonesig Maggie Smith, a bydd hefyd yn cynnwys y cast gwreiddiol, gan gynnwys Hugh Bonneville, Elizabeth McGovern a Michelle Dockery.

The time has come to say goodbye. Just when you thought you'd seen the last of the Crawleys, Julian Fellows gives us one last outing of our favourite members of aristocracy with a third (and final) *Downton Abbey* film. Set in the 1930s, this period marks significant changes and challenges for the Crawley family as they navigate the modern world. The film is set to pay homage to the late Dame Maggie Smith, and will also feature the original cast, including Hugh Bonneville, Elizabeth McGovern and Michelle Dockery.

Medi | September

12 - 7.15, 13, 14 - 1.00, 4.00, 7.15, 16, 17 - 7.15, 18 - 2.00, 7.30, 19 - 7.30, 20 - 1.00, 4.00, 7.15, 21 - 1.00, 4.00, 7.00, 23, 24 - 7.30, 25 - 2.00, 7.30 ST, 26 - 6.45, 27 - 4.30, 28 - 4.00, 30 - 6.45

Hydref | October

2 - 2.00, 6.45



Holy Cow ¹⁵

Louise Courvoisier | France | 2024 | 90'



Medi | September
14 - 6.30

Mae tipyn o foddhad i'w gael yn y ddrama wych, galonogol hon, sy'n stori wledig ag arni flas real. Mae Totone (sy'n 18 oed) yn treulio'r rhan fwyaf o'i amser yn yfed ac yn mynd i bartis yn rhanbarth Jura gyda'i ffrindiau, hyd nes bod realiti yn taro ac mae'n rhaid iddo ofalu am ei chwaer 7 oed a dod o hyd i ffordd o wneud bywoliaeth. Mae'n mynd ati i wneud y caws Comté gorau yn y rhanbarth a cheisio ennill y fedal aur yn y gystadleuaeth amaethyddol a 30,000 ewro.

There's nourishment in this terrific, big-hearted drama, a gritty rural tale that feels satisfyingly real. Totone (just 18) spends most of his time drinking and partying in the Jura region with his friends until reality catches up when he has to take care of his 7-year-old sister and find a way to make a living. He sets out to make the best Comté cheese in the region and try to win the gold medal at the agricultural competition and 30,000 euros.



The Conjuring: Last Rites ^{15.TBC}

Michael Chaves | UK | USA | 2025 | tbc'

Medi | September
19 - 7.45, 20 - 8.00, 23 - 7.45 ST,
24 - 7.45, 27 - 8.00

Mae'r ymchwilyr paranormal, Ed a Lorraine Warren, yn mynd i'r afael â'u hachos mwyaf annifyr hyd yn hyn. Mae Jack a Janet Smurl a'u teulu'n symud i gartref newydd eu breuddwydion, sy'n troi'n hunllef wrth iddo ddechrau dangos arwyddion o haint demonig.

Paranormal investigators, Ed & Lorraine Warren take on their most disturbing case to date. Jack & Janet Smurl and their family move into a brand new home they've dreamed of, which turns into a nightmare as it begins to show signs of demonic infestation.



A Big Bold Beautiful Journey ^{12A.TBC}

Kogonada | USA | 2025 | tbc'

Medi | September
19 - 7.00, 20 - 12.30, 3.45, 7.00,
21 - 1.15, 4.30, 7.45, 23, 24 - 7.00,
25 - 6.45, 26 - 7.00, 27 - 1.00,
4.15, 7.45, 28 - 1.00, 4.15, 7.30,
30 - 7.00

Hydref | October
1 - 7.00 ST, 2 - 7.00

Mae ffilm newydd y cyfarwyddwr cyffrous Kogonada (*Pachinko*, *After Yang*) yn serennu Margot Robbie (sy'n ymddangos ym myd sinema am y tro cyntaf ar ôl Barbie) a Colin Farrell mewn ffantasi rhamantaidd. Mae David (Farrell) yn mynd i briodas yn ei hen gar gyda system GPS arbennig iawn. Mae'n cwrdd â Sarah (Robbie), a gyda'i gilydd maen nhw'n cychwyn ar daith hudolus, gan wynebu eu gorffennol ac archwilio tirweddau wedi'u paentio a chysylltiadau dyfnach.

The new film from exciting director Kogonada (*Pachinko*, *After Yang*) stars Margot Robbie (in her first post-Barbie cinema outing) and Colin Farrell in a romantic fantasy. David (Farrell) heads to a wedding in his old car with a very special GPS system. He meets Sarah (Robbie), and together they embark on a magical journey, confronting their pasts and exploring painted landscapes and deeper connections.



Spinal Tap II: The End Continues ^{15.TBC}

Rob Reiner | USA | 2025 | tbc'

Medi | September
26 - 7.45, 27 - 7.30, 28 - 7.00,
30 - 7.15 ST

Hydref | October
1 - 7.30, 2 - 7.15

Mae *Spinal Tap II: The End Continues* yn ailuno'r cyfarwyddwr Rob Reiner â Christopher Guest, Michael McKean, a Harry Shearer wrth iddynt ailgydio yn eu rolau eiconig fel y band metel trwm enwog Spinal Tap yn y dilyniant hirddisgwyliedig hwn i'r ffilm ddogfen eiconig, dychanlyd o 1984. Gydag ymddangosiadau cameo gan Elton John, Paul McCartney, Garth Brooks, a mwy.

Spinal Tap II: The End Continues reunites director Rob Reiner with Christopher Guest, Michael McKean, and Harry Shearer as they reprise their iconic roles as the legendary heavy metal band Spinal Tap in this long-awaited sequel to the iconic 1984 mockumentary. Featuring cameos from Elton John, Paul McCartney, Garth Brooks, and more.



Santosh ¹⁵

Sandhya Suri | UK | Germany India | France | 2024 | 128'

Medi | September
28 - 6.30

Mae'r ffilm heddlu grymus hon yn Hindi wedi'i lleoli yng ngogledd gwledig India, ac wedi'i sgrifto'n gelfydd gan yr awdur/cyfarwyddwr Sandhya Suri. Mae'n cyfuno adrodd straeon gafaelgar, graenus â chydabyddiaeth fedrus o rai o agweddau mwy tywyll India fodern: llygredd a chreulondeb yr heddlu, y rhywiaeth ddiysgog, y rhagfarn cast a'r teimlad gwrth-Fwslimaidd. Mae'n taro cydbwysedd anodd rhwng gwneud ffilmau craff, wedi'u llywio gan faterion o bwys, ac adloniant ysgogol. Pan mae merch o gast isel yn cael ei llofruddio, caiff Santosh ei dynnu i mewn i'r ymchwiliad gan Sharma, yr arolygydd ffeminist carismatig.

This punchy, muscular Hindi-language police procedural set in rural north India, elegantly scripted by writer/director Sandhya Suri, combines gripping, gritty storytelling with a deft acknowledgment of some of the murkier aspects of modern India: the police corruption and brutality, the baked-in sexism, the caste prejudice and anti-Muslim sentiment. It strikes a tricky balance between perceptive, issue-led film-making and propulsive entertainment. When a low-caste girl is murdered, Santosh is pulled into the investigation by charismatic feminist inspector Sharma.



Cymdeithas Ffilm Theatr Mwldan Theatr Mwldan Film Society

Mae Cymdeithas Ffilm Theatr Mwldan yn dangos ffilmiau arthouse ar nos Sul o fis Medi i fis Ebril (15 ffilmiau).

Mae opsiynau o ran tocynnau yn cynnwys:

- Tocyn tymor llawn: £40
- Tocyn Cynilo Blynyddol: £27
- Tocyn Tymor Llawn Person Ifanc: £25
- Talu wrth fynd: mynediad sinema safonol, dim angen aelodaeth

Dewch draw i gael eich ysbrydoli!

Anfonwch e-bost atom yn TMFSfilms@gmail.com i ymuno â'n rhestr bostio, i gael nodyn atgoffa am y gostyngiad Prynu'n Gynnar ac i dderbyn manylion ar gyfer ein tymor 2025/2026.

Ewch i Mwldan.co.uk i brynu tocynnau neu ffoniwch y Swyddfa Tocynnau (01239 621 200)

Theatr Mwldan Film Society screens arthouse films on Sunday evenings from September to April (15 films).

Ticket options include:

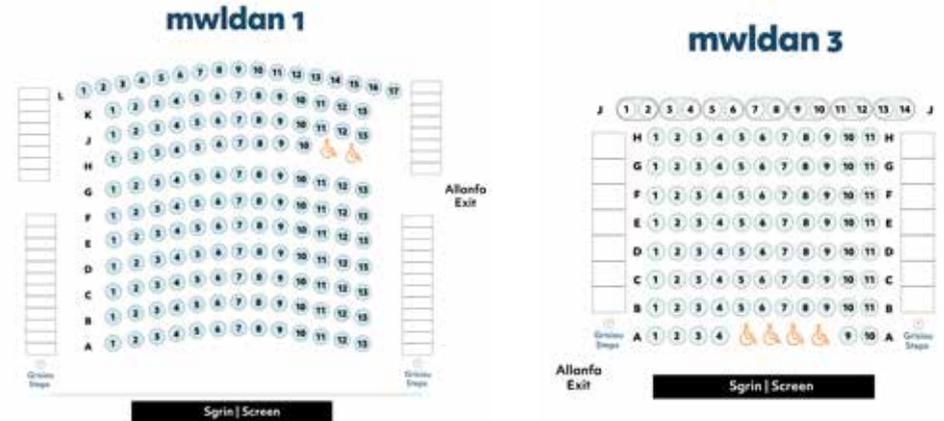
- Full Member season ticket: £40
- Annual Ticket Saver: £27
- Young Person's Full Member season ticket: £25
- Pay as you go: standard cinema entry, no membership required

Come along and be inspired!

Email us at TMFSfilms@gmail.com to join our mailing list, get a reminder about the Early Bird discount and receive details for our 2025/2026 season.

Visit mwldan.co.uk to purchase tickets or call the box office (01239 621 200).

Seating Plans | Cynllyn Seddau



Dosbarthiadau | Classes

Pilates

Wythnosol / Weekly -
Dydd Gwener / Friday

Dosbarth Pilates dan arweiniad ffisio sy'n addas ar gyfer POB corff ac oedran. Dosbarthiadau ar fatiau a 'barre' ar gael.

A physio-led Pilates class suitable for ALL bodies and ages. Both mat-based and chair & barre-based available.

Francesca Tebbutt:

07973 854 942
tebbuttthealthandhealing@gmail.com

Active-Ability Inclusive Fitness

Wythnosol / Weekly -
Dydd Gwener / Friday

Dosbarth gweithgaredd ffitrwydd cynhwysol sy'n croesawu pobl â symudedd cyfyngedig, anghenion dysgu ychwanegol/ASD/namau niwrowahanol a synhwyraidd. Mae Active-Ability yn cynnig ystod eang o ymarfer corff gan gynnwys symud i gerddoriaeth, hyfforddiant cryfder, dawnio a Pilates, ac mae opsiynau eistedd neu sefyll ar gael.

An inclusive fitness activity class that welcomes people with limited mobility, additional learning needs/ASD/ neurodivergent and sensory impairments. Active-Ability offers a wide range of exercise including movement to music, strength training, dancing and Pilates, seated or standing options available.

Morvenna Richards:

07910 111 215
morvenna7@hotmail.com

Vocal Vibes

Wythnosol / Weekly -
Dydd Gwener / Friday,
Nos Fawrth / Tuesday

Rhyddhewch eich llais naturiol. Ymunwch â ni am ganu dyrchafol, grwp cynhwysol, croeso i bawb. Caneuon obedwar ban byd, yn cael eu dysgu yn ôl y glust mewn harmonïau gogoneddus.

Free your natural voice, Join us for uplifting singing. Inclusive group, everyone welcome. Songs from around the world, all taught by ear in glorious harmonies.

Helen Bowman:

07557 997 696
hj_bowman@hotmail.com

African Drumming

Wythnosol/Weekly -
Dydd Sul / Sunday

Croeso i bawb, dechreuwyr a'r rheiny sydd â phrofiad. Bydd Pete yn cyflwyno technegau drymio llaw, gan symud tuag at rythmau hardd, traddodiadol i blesion'r galon ac ehangu'r wên. Drymiau ar gael i'w bwcio.

All welcome, beginners and those with experience. Pete will introduce techniques of hand drumming. Easing our way into beautiful traditional rhythms to gladden the heart and broaden the smile. Drums available to reserve.

Pete Stacey:

pete.stacey@outlook.com

Stitch Stiwdio

Wythnosol / Weekly -
Dydd Mercher / Wednesday

Mae'r grŵp hwn ar gyfer pob sydd â diddordeb mewn gwaith blaen nodwydd a dysgu pwythau newydd. Mae llawer o'r pwythau rydyn ni'n gweithio gyda wedi'u haddasu neu eu creu yn arbennig ar gyfer ein grŵp.

This group is for people interested in needlepoint and learning new stitches. Many of the stitches we work with have been adapted or created especially for our group.

Candy Hawkins:

candyflowermail@icloud.com

Stitch Stiwdio: Starlight Crochet Club

Wythnosol / Weekly -
Nos Fercher / Wednesday

Dewch draw i Starlight Crochet Club i greu cardigan 'granny square' neu hecsgonol gyda hyfforddiant gan Stitch Stiwdio. £8 y sesiwn, a £5 am ddeunyddiau. Mae aelodaeth yn dalïad un dro o £20 sy'n cynnwys bag nwyddau gyda phopeth y byddwch ei angen a phecyd croeso LED wych. Mae un lle am ddim i unrhyw un sy'n brin o arian ac sy'n fodlon cynorthwyo.

Come along to Starlight Crochet Club and create a cool granny square or hexagonal cardigan with tuition from Stitch Stiwdio. £8 per session, plus £5 for materials. Membership is a one off cost of £20 which includes a goodie bag with everything you will need and a fantastic LED crochet kit. There is one free place for anyone low on funds who is willing to assist.

Candy Hawkins:

candyflowermail@icloud.com

Dreams Dance School

Ballet/Tap/Jazz/Street/DDMIX
Wythnosol / Weekly

Dydd Llun, Dydd Mawrth &
Dydd Sadwrn
Monday, Tuesday & Saturday

Dosbarthiadau dawns ar gyfer hwyl neu arholiadau o dan faes llafur RAD ac IDTA. Cynigir pob genre o ddawnsio i blant bach 1 oed+ i oedolion 70+ oed. Opsiynau grwp ac 1:1 ar gael.

Dance classes for fun or examination under the RAD & IDTA syllabus. All genres offered from dancing tots 1yrs+ to adult 70yrs+. Group and 1:1 options available.

Victoria Ravenscroft Thomas:

07581 186 634
dreamsdance@hotmail.co.uk

Cardigan Theatre (Amateur Theatre Group)

Wythnosol / Weekly -
Nos Fawrth / Tuesday

Cyfarfodydd wythnosol ar gyfer ymarferion, darllen dramâu a gweithdai. Ar hyn o bryd rydym yn perfformio 2 sioe'r flwyddyn yn y Mwlidan, drama yn y gwanwyn a phantomeim Nadolig.

Weekly meetings for rehearsals, play readings and workshops. We currently perform 2 shows a year at Mwlidan, a spring play and a Christmas pantomime.

Rose Pembroke:

cardigantheatre@gmail.com

Ymddiriedolaeth Natur De a Gorllewin Cymru / The Wildlife Trust of South and West Wales

Miso / Monthly
Medi - Ebrill | Sept - April

Cynhelir cyfarfodydd bob ail ddydd Mercher o'r mis, gan ddechrau gyda'n cyfarfodydd ym mis Medi a gorffen gyda'n cyfarfod ym mis Ebrill. Nid oes angen i chi fod yn aelod o'r Ymddiriedolaeth Natur i fynychu'r cyfarfod, mae croeso i bawb, gan gynnwys pobl ar eu gwyliau.

Meetings take place on the second Wednesday of the month, starting with our September meetings and finishing with our April meeting. You do not need to be a member of the Wildlife Trust to attend a meeting, all are welcome, including holidaymakers.

Paul Taylor: 07811 403 713

paulandlesleytaylor@gmail.com

Panache Dance Fitness

Wythnosol / Weekly -
Dydd Llun / Monday

Ymarfer corff i'r corff cyfan mewn arddull showbiz, sy'n addas ar gyfer pob gallu dawns / ffitrwydd, gyda thraciau sain eiconig o'r llwyfan a'r sgrin fawr.

A showbiz style full body workout, suitable for all dance / fitness abilities, featuring iconic soundtracks from stage and screen.

Sarah Rouet:

07359 080 672

My Moves Dance

Wythnosol / Weekly -
Dydd Mercher / Wednesday

Dosbarth dawns reolaidd greadigol a chynhwysol i oedolion ag anableddau dysgu a niwroamrywiaeth.

A creative and inclusive regular dance class for adults with learning disabilities and neurodiversity.

Ashley Newsham:

01267 243 815
ashley@acgc.co.uk



Llun / Image:
Dreams
Dance
School

Pregnancy, Birth and Beyond

Wythnosol / Weekly -
Yn ystod y tymor / During term time
Dydd Iau / Thursday

Mae 'Pregnancy, birth and beyond' yn grŵp wythnosol sy'n rhad ac am ddim, sy'n cefnogi mamau a rhieni yn y ddefod newid byd enfawr sy'n rhedeg yr holl ffordd o'r cyfnod cyn beichiogi hyd at feichiogrwydd, genedigaeth a magu plant, ar unrhyw adeg. Mae'r grŵp hwn, sy'n cael ei redeg gan weithwyr geni lleol profiadol, yn fan diogel i ddysgu, i gysylltu, i gael ei glywed ac i rannu gyda rhieni lleol eraill a rhieni i fod.

Yn mhob sesiwn, rydyn ni'n rhannu sut rydym ac yna'n archwilio pwns sy'n ymwneud â beichiogrwydd, genedigaeth neu magi blant. Pan fydd hi'n heulog, fyddwn ni'n cerdded i fannau gwyrdd lleol gyda'n gilydd. Croeso i blant. Am ddim i fynychu (cyfraniad o £5 - £10 lle bo modd).

'Pregnancy, birth and beyond' is a free weekly group, supporting mothers and parents in the huge rite of passage that runs all the way from pre-conception, through to pregnancy, birth and parenthood, at any stage. Run by experienced local birth workers, this group is a safe space to learn, to connect, to be heard and to share alongside other local parents and parents-to-be.

In each session, we share how we are and then explore a pregnancy, birth or parenthood-related topic. When sunny, we walk to a local greens pace together.

Children welcome. Free to attend (£5 - £10 donation where possible).

Naomi Glass:
naomi@embracingthewaves.com

Côr Teifi

Wythnosol / Weekly -
Dydd Llun / Monday
Cyfarwyddwr / Director:
Philip Wilson

Côr cymunedol yn canu soprano, alto, tenor, bas, clasurol a chyfoes.

A community choir singing soprano, alto, tenor, bass, classical and contemporary.

07805 214391
info@cor-teifi.org.uk

Active Meditation

Wythnosol / Weekly -
Nos Lun / Monday

Symudi i le tawelach y tu fewn. Byddwn yn eistedd i lawr, anadlu, dawnsio, defnyddio distawrwydd, ysgwyd, symudiadau cydlynol syml, seiniau, gibberish, chwyrlïo a gongiau i symud yn ysgafn i mewn gyda'n gilydd, wastad i gerddoriaeth.

Am awr rydyn ni'n rhoi cynnig ar ffordd wahanol o ollwng ein hunain. Nid oes angen profiad blaenorol; nid oes neb yn cael ei adael allan; ni allwch ei gael yn anghywir.

Moving to a quieter place within. We use sitting, breathing, dancing, silence, shaking, simple coordinated movement, sounds, gibberish, whirling and gongs to move gently inwards together, always to music.

For an hour we try out a different way of dropping into ourselves. No previous experience is necessary; no one is left out; you can't get it wrong.

Vimal Pitts:
meditatininwales@gmail.com

Red Dragon Kung Fu

Wythnosol / Weekly -
Dydd Llun / Monday
Academi Dreigiau Bach /
Little Dragons Academy
(oed / age 4-6)
Kung Fu Shaolin / Shaolin Kung Fu
(oed 7+ i Oedolion / age 7+ to Adult)

Kung Fu Shaolin – ewch ati i ddarganfod y rhyfelwr y tu mewn i chi gyda Red Dragon wrth i ni archwilio hunanmddiffyniad meddylgar, llif anifeilaidd, arfau traddodiadol a Qi-Gong.

Shaolin Kung Fu— discover your inner warrior with Red Dragon as we explore mindful self-defence, animal flow, traditional weapons and Qi-Gong.

Sifu Matt: 07973 892 198
Hannah: 07598 784 728

Llun / Image:
Red Dragon
Kung Fu



Gwybodaeth | Information

Archebu tocynnau Booking tickets

Gallwch archebu tocynnau 24/7 ar ein gwefan, neu dros y ffôn rhwng 12-8pm dydd Mawrth - dydd Sul (a dydd Llun yn ystod gwyliau ysgol a gwyliau cyhoeddus) ar 01239 621 200. Gadewch neges os nad oes ateb a byddwn yn eich ffonio yn ôl cyn gynted ag y gallwn.

Gallwch archebu tocynnau ar gyfer digwyddiadau byw heb dalu, ond fe'u cedwir ar eich cyfer am 7 niwrnod yn unig ac wedi hynny byddant yn cael eu rhyddhau i'w hail werthu. Rhaid talu ar unwaith ar gyfer archebion sydd o fewn 7 niwrnod o ddyddiad y sioe. Nid oes modd archebu heb dalu ar gyfer perfformiadau sinema.

Argymhellwn eich bod yn archebu eich tocynnau o flaen llaw pryd bynnag bo'n bosibl - yna gallwn gysylltu â chi os bydd unrhyw amgylchiadau annisgwyl yn codi.

You can book tickets 24/7 on our website, or in person/by phone between 12-8pm Tuesday – Sunday (and on Mondays during school and public holidays) on 01239 621 200. Please leave a message if there is no reply and we will call you back as soon as we can.

Seats for live events may be reserved without payment but will only be held for you for 7 days after which time they will be released for resale. Payment must be made immediately for bookings within 7 days of a show. Reservations without payment are not possible for cinema performances.

We recommend that you pre-book your tickets whenever possible – we can then contact you in the event of any unforeseen circumstances.

Ffioedd Archebu Booking Fees

Ffioedd Archebu: Mae pris yr holl docynnau yn cynnwys TAW ac yn amodol ar ffi archebu o 10% (sydd hefyd yn cynnwys TAW) lle bo'n berthnasol Mae ffioedd archebu wedi'u cyfyngu i uchafswm o £3 y cart.

All ticket prices include VAT and are subject to a 10% booking fee (which also includes VAT) where applicable. Booking fees are limited to £3 maximum per cart.

Dyrannu seddi a cheisiadau o ran seddi Seat allocation and seating requests

Rhowch wybod i ni am unrhyw fater mynediad a ll fod gennych wrth i chi archebu. Byddwch yn cael cyfle i roi'r wybodaeth hon ar-lein drwy'r broses archebu ar-lein, neu gallwch ddweud wrth aelod o staff pan fyddwch chi'n archebu dros y ffôn. Gwnawn ein gorau i ddarparu ar gyfer unrhyw ofynion (er na ellir sicrhau hyn bob tro).

Please let us know of any access issues or seating requests via the comments field during the online booking process, or you can tell a member of staff when you book over the phone. We will do our best to accommodate (although this cannot always be guaranteed).

Ad-dalu a chyfnewid Refunds and exchanges

Os ydych ddim yn medru mynychu perfformiad neu darllediad yr ydych wedi archebu tocynnau ar ei chyfer, fe allwch ddod yn ol a'ch tocynnau ian hyd at saith diwrnod cyn dyddiad y perfformiad ac fe fyddwn yn gallu rhoi nodyn credyd llawn atoch valid for 24 months.

Neu gallwn newid eich tocynnau ar gyfer perfformiad mwy cyfleus o'r un sioe neu ffilm, neu mewn achosion o dy llawn fe allwn gwneud ein gorau i ail-werthu eich tocynnau (ni allwn sicrhau y bydd hyn yn bosibl).

If for any reason you are unable to make a performance or screening you have booked for, your tickets can be returned up to seven days in advance of a performance and we will issue you with a full credit note valid for 24 months.

Alternatively, we can exchange your tickets for a more suitable performance of the same show or film, or in the event of a full house we will do our best to re-sell your tickets for you (although this cannot be guaranteed).

Tocynnau Rhodd Gift Vouchers

Gellir defnyddio ein tocynnau rhodd i brynu tocynnau ar gyfer dangosiadau sinema, digwyddiadau

byw a darllediadau ac maen nhw'n ddilys am 24 mis o'r dyddiad archebu. Ni all tocynnau credyd/ anrheg gael ei gyfnewid ar gyfer arian parod. Os caiff unrhyw eitem a gafodd ei brynu gyda thaleb ei gyfnewid neu ei ad-dalu, caiff unrhyw arian sy'n ddyledus ei ychwanegu at y balans ar y daleb.

Our gift vouchers can be used to buy tickets for cinema screenings, live events and broadcasts. They are valid for 24 months from date of purchase and cannot be exchanged for cash. If any product purchased with a voucher is exchanged or refunded, any money owing will be added to the balance on the gift/credit voucher.

Hygyrchedd Access

Gallwn ddarparu ein rhaglenni i chi mewn print bras ar gais.

Mae gwybodaeth lawn am ein cyfleusterau a dangosiadau/digwyddiadau hygyrch ar gael ar ein gwefan neu drwy siarad â'n swyddfa docynnau.

Mae gennym fynediad da i bobl anabl, rydym yn cynnal dangosiadau rheolaidd gydag isdeitlau ac mae gennym gyfleusterau ar gyfer sain ddisgrifio ac atgyfnerthu sain.

Rydym yn cynnig dangosiadau hamddenol a byddem hefyd wrth ein bodd yn clywed gennych os ydych eisiau gwybod am unrhyw un o'r uchod, os ydych yn rhan o grŵp lleol, neu os hoffech awgrymu unrhyw fathau eraill o ddangosiadau hygyrch neu welliannau i'n cyfleusterau/gwasanaethau. Cysylltwch â ni drwy ein swyddfa docynnau ar 01239 621 200 neu e-bostiwch boxoffice@mwldan.co.uk, neu siaradwch ag un o'n tîm

We can provide our brochures to you in large print on request.

Full information about our facilities and accessible screenings/events can be found on our website or by speaking to our box office.

We have good disabled access, run regular subtitled screenings and have facilities for audio description and reinforcement.

We offer relaxed screenings and would also love to

hear from you if you want to know about any of the above, are part of a local group, or if you'd like to suggest any other types of accessible screenings or improvements to our facilities/services. Please get in touch via our box office on 01239 621 200 or email boxoffice@mwldan.co.uk, or speak to one of our team.



Rydym yn rhan o gynllun cymorth hygyrchedd cenedlaethol Hynt, gweler www.hynt.co.uk. Os oes gennych nam neu ofyniad mynediad penodol, neu os ydych yn gofalu am rywun fel hyn, yna mae Hynt yn berthnasol i chi.

Mae Hynt yn gynllun cenedlaethol sy'n gweithio gyda theatrau a chanolfannau celfyddydau ar draws Cymru i wneud pethau'n glir ac yn gyson. Mae hefyd yn adnodd i unrhyw un sydd angen gwybodaeth benodol am fynediad i gynllunio ymweliad â theatr.

Mae gan rai â cherdyn Hynt hawl i gael tocyn yn rhad am ddim i gynorthwydd personol neu ofaludd ym mhob theatr a chanolfan gelfyddydau sy'n rhan o'r cynllun. Ewch i www.hynt.co.uk am wybodaeth ac arweiniad am y cynllun. Gallwch hefyd cael gwybod os gallwch chi neu'r person rydych yn gofalu amdano/i ymuno â'r cynllun a chwblhau ffurflen gais.

We are part of the national accessibility support scheme Hynt, see www.hynt.co.uk. If you have an impairment or specific access requirement, or care for someone that does, then Hynt applies to you.

Hynt is a national access scheme that works with theatres and arts centres in Wales to make sure there is a consistent offer available for visitors with an impairment or specific access requirement, and their Carers or Personal Assistants.

It's also a resource for anyone who needs specific access information to plan a trip to the theatre. Hynt cardholders are entitled to a ticket free-of-charge for a personal assistant or carer at all the theatres and arts centres participating in the scheme. Visit www.hynt.co.uk for information about the scheme.

You can also find out whether you or the person you care for are eligible to join the scheme and complete an application form.

Gwirfoddoli Volunteering

Rydym yn chwilio am wirfoddolwyr (16+) i ymuno â'n tîm, i dywys a helpu gyda thasgau eraill. Mae'r manteision yn cynnwys tocynnau rhad ac am ddim i ffilmiau a digwyddiadau'r Mwldan - mae'n ffordd wych o gwrdd â phobl newydd a gwylio pethau am ddim! I ddysgu mwy am ddod yn wirfoddolwr, cysylltwch â Jasmine Revell, Rheolwr Gweithrediadau jasmine@mwldan.co.uk

We're looking for volunteers (16+) to join our team, ushering and helping out with other jobs. Perks include free tickets to Mwldan films and events - it's a great way to meet new people and see things for free! To learn more about becoming a volunteer, please contact Jasmine Revell, Operations Manager jasmine@mwldan.co.uk

Edrych am lle i gwrdd? Looking for a space to meet?

Mae gennym amrywiaeth eang o gyfleusterau ar gael i'w hurio. Yn gyfarfod untro, yn ddosbarth wythnosol rheolaidd, yn gynhadledd gydag ystafelloedd ymneilltuo ar gyfer gweithdai, neu yn lleoliad hirdymor i fusnes, gallwn gynnig rhywbeth sy'n gweddu at eich anghenion. Cysylltwch â roomhire@mwldan.co.uk am argaeledd a phrisiau.

We have a wide range of facilities for hire. Whether it's a one-off meeting, a regular weekly class, a conference with workshop breakout spaces, or a long-term business location, we can offer something to suit your needs. Email roomhire@mwldan.co.uk for availability and prices.

Dyddiadyr | Diary

MEHEFIN | JUNE

Gwe 27 Fri

- 1 7.15 Elio (U TBC)
- 2 6.45 Karate Kid: Legends (12A)
- 3 7.30 F1 (12A TBC)

Sad 28 Sat

- 1 1.15 / 7.30 Elio (U TBC)
- 4.00 F1 (12A TBC)
- 2 2.45 How To Train... (PG)
- 5.45 Karate Kid: Legends (12A)
- 8.15 Juliet and Romeo (12A)
- 3 12.45 / 7.00 F1 (12A TBC)
- 4.15 Elio (U TBC)

Sul 29 Sun

- 1 12.45 / 7.00 Elio (U TBC)
- 3.30 F1 (12A TBC)
- 2 7.30 *Catrin Finch & Aoife Ni Bhriain*
- 3 1.30 / 7.45 F1 (12A TBC)
- 5.00 Elio (U TBC)

Llun 30 Mon

AR GAU | CLOSED

GORFFENNAF | JULY

Maw 1 Tue

- 1 6.45 Elio (U TBC)
- 2 7.30 *Gŵyl Fawr: CICA*
- 3 7.00 F1 (12A TBC)

Mer 2 Wed

- 1 5.00 Elio (U TBC)
- 8.00 Jurassic World: Rebirth (12A TBC)
- 2 7.30 *Gŵyl Fawr: CICA*
- 3 7.00 F1 (12A TBC) ST

Iau 3 Thu

- 1 5.15 Elio (U TBC)
- 2.00 / 8.00 Jurassic World: Rebirth (12A TBC)
- 2 5.45 Karate Kid: Legends (12A)
- 8.15 Ocean (PG)
- 3 7.00 F1 (12A TBC)

Gwe 4 Fri

- 1 7.45 Jurassic World: Rebirth (12A TBC)
- 2 7.15 28 Years Later (15 TBC)
- 3 7.00 F1 (12A TBC)

Sad 5 Sat

- 1 11.00 Elio (U TBC)
- 1.15 / 4.30 / 7.45 Jurassic World: Rebirth (12A TBC)
- 2 11.00 / 5.30 *Gŵyl Fawr: Eisteddfod*
- 3 11.15 Karate Kid: Legends (12A)
- 1.00 28 Years Later (15 TBC)
- 4.15 / 8.00 F1 (12A TBC)

Sul 6 Sun

- 1 1.15 / 4.30 / 7.45 Jurassic World: Rebirth (12A TBC)

- 2 1.30 F1 (12A TBC)
- 5.00 How To Train Your Dragon (PG)
- 8.00 28 Years Later (15 TBC)
- 3 12.45 Elio (U TBC)
- 3.30 / 7.00 F1 (12A TBC)

Llun 7 Mon

AR GAU | CLOSED

Maw 8 Tue

- 1 7.45 Jurassic World: Rebirth (12A TBC)
- 2 7.15 28 Years Later (15 TBC) ST
- 3 7.00 F1 (12A TBC)

Mer 9 Wed

- 1 7.45 Jurassic World: Rebirth (12A TBC)
- 2 7.15 28 Years Later (15 TBC)
- 3 7.00 F1 (12A TBC)

Iau 10 Thu

- 1 2.00 Ocean (PG)
- 7.45 Jurassic World: Rebirth (12A TBC) ST
- 2 7.15 28 Years Later (15 TBC)
- 3 7.00 F1 (12A TBC)

Gwe 11 Fri

- 1 7.15 Jurassic World: Rebirth (12A TBC)
- 2 7.00 Superman (12A TBC)
- 3 7.45 28 Years Later (15 TBC)

Sad 12 Sat

- 1 1.15 / 4.30 / 7.45 Jurassic World: Rebirth (12A TBC)
- 2 6.00 *Mwyhau / Amplify*
- 3 1.00 / 4.15 / 7.30 Superman (12A TBC)

Sul 13 Sun

- 1 1.15 4.30 7.45 Jurassic World: Rebirth (12A TBC)
- 2 1.00 / 4.15 / 7.30 Superman (12A TBC)
- 3 12.15 Elio (U TBC) ST
- 3.00 How To Train Your Dragon (PG)
- 6.00 Ocean (PG)
- 8.30 28 Years Later (15 TBC)

Llun 14 Mon

AR GAU | CLOSED

Maw 15 Tue

- 1 7.15 Jurassic World: Rebirth (12A TBC)
- 2 7.00 *NT Live: A Streetcar Named Desire (15)*
- 3 7.30 Superman (12A TBC)

Mer 16 Wed

- 1 7.00 Ocean (PG)
- 2 7.30 Superman (12A TBC) ST
- 3 7.15 Jurassic World: Rebirth (12A TBC)

Iau 17 Thu

- 1 2.00 / 7.00 Ocean (PG)
- 2 7.30 Superman (12A TBC)
- 3 7.15 Jurassic World: Rebirth (12A TBC)

Gwe 18 Fri

- 1 7.00 Smurfs (U TBC)
- 2 7.30 Superman (12A TBC)
- 3 7.15 Jurassic World: Rebirth (12A TBC)

Sad 19 Sat

- 1 1.45 / 4.30 / 7.15 Smurfs (U TBC)
- 2 1.00 / 4.15 / 7.30 Superman (12A TBC)
- 3 1.15 Elio (U TBC)
- 4.00 How To Train Your Dragon (PG)
- 7.00 Jurassic World: Rebirth (12A TBC)

Sul 20 Sun

- 1 1.45 / 4.30 / 7.15 Smurfs (U TBC)
- 2 1.00 / 4.15 / 7.30 Superman (12A TBC)
- 3 1.15 Elio (U TBC)
- 4.00 How To Train Your Dragon (PG)
- 7.00 Jurassic World: Rebirth (12A TBC)

Llun 21 Mon

- 1 1.45 / 4.30 / 7.15 Smurfs (U TBC)
- 2 1.00 / 4.15 / 7.30 Superman (12A TBC)
- 3 1.15 Elio (U TBC)
- 4.00 How To Train Your Dragon (PG)
- 7.00 Jurassic World: Rebirth (12A TBC)

Maw 22 Tue

- 1 1.45 / 4.30 / 7.15 Smurfs (U TBC)
- 2 1.00 / 4.15 / 7.30 Superman (12A TBC)
- 3 1.15 Elio (U TBC)
- 4.00 How To Train Your Dragon (PG)
- 7.00 Jurassic World: Rebirth (12A TBC)

Mer 23 Wed

- 1 1.45 / 4.30 / 7.15 Smurfs (U TBC)
- 2 1.00 / 4.15 / 7.30 Superman (12A TBC)
- 3 1.15 Elio (U TBC)
- 4.00 How To Train Your Dragon (PG)
- 7.00 Jurassic World: Rebirth (12A TBC)

Iau 24 Thu

- 1 1.45 / 4.30 / 7.15 Smurfs (U TBC)
- 2 1.00 / 4.15 / 7.30 Superman (12A TBC)
- 3 1.15 Elio (U TBC)
- 4.00 How To Train Your Dragon (PG)
- 7.00 Jurassic World: Rebirth (12A TBC)

Gwe 25 Fri

- 1 1.45 / 4.30 / 7.15 Smurfs (U TBC)
- 2 1.00 / 4.15 / 7.30 Fantastic Four (12A TBC)
- 3 1.15 / 4.00 The Bad Guys 2 (U TBC)
- 7.00 Superman (12A TBC)

Sad 26 Sat

- 1 1.45 / 4.30 / 7.15 Smurfs (U TBC)
- 2 1.00 / 4.15 / 7.30 Fantastic Four (12A TBC)
- 3 1.15 / 4.00 The Bad Guys 2 (U TBC)
- 7.00 Superman (12A TBC)

Sul 27 Sun

- 1 1.45 / 4.30 ST / 7.15 Smurfs (U TBC)
- 2 1.00 / 4.15 / 7.30 Fantastic Four (12A TBC)
- 3 1.15 / 4.00 The Bad Guys 2 (U TBC)
- 7.00 Superman (12A TBC)

Llun 28 Mon

- 1 1.45 / 4.30 / 7.15 Smurfs (U TBC)
- 2 1.00 / 4.15 / 7.30 Fantastic Four (12A TBC)
- 3 1.15 / 4.00 The Bad Guys 2 (U TBC)
- 7.00 Superman (12A TBC)

Maw 29 Tue

- 1 1.45 / 4.30 / 7.15 Smurfs (U TBC)
- 2 1.00 / 4.15 / 7.30 Fantastic Four (12A TBC)
- 3 1.15 / 4.00 The Bad Guys 2 (U TBC)
- 7.00 Superman (12A TBC)

Mer 30 Wed

- 1 1.45 / 4.30 / 7.15 Smurfs (U TBC)
- 2 1.00 / 4.15 / 7.30 Fantastic Four (12A TBC)
- 3 1.15 / 4.00 The Bad Guys 2 (U TBC)
- 7.00 Superman (12A TBC)

Iau 31 Thu

- 1 1.45 / 4.30 / 7.15 Smurfs (U TBC)
- 2 1.00 / 4.15 / 7.30 Fantastic Four (12A TBC)
- 3 1.15 / 4.00 The Bad Guys 2 (U TBC)
- 7.00 Superman (12A TBC)

AWST | AUGUST

Gwe 1 Fri

- 1 2.00 Elio (U TBC)
- 4.45 How To Train Your Dragon (PG)
- 7.45 Jurassic World: Rebirth (12A TBC)
- 2 1.00 / 4.15 / 7.30 ST Fantastic Four (12A TBC)
- 3 1.15 / 4.00 The Bad Guys 2 (U TBC)
- 7.00 Superman (12A TBC)

Sad 2 Sat

- 1 2.00 Elio (U TBC)
- 4.45 How To Train Your Dragon (PG)
- 7.45 Jurassic World: Rebirth (12A TBC)
- 2 1.00 / 4.15 / 7.30 Fantastic Four (12A TBC)
- 3 1.15 / 4.00 The Bad Guys 2 (U TBC)
- 7.00 Superman (12A TBC)

Sul 3 Sun

- 1 2.00 Elio (U TBC)
- 4.45 How To Train Your Dragon (PG)
- 7.45 Jurassic World: Rebirth (12A TBC)
- 2 1.00 / 4.15 / 7.30 Fantastic Four (12A TBC)
- 3 1.15 / 4.00 The Bad Guys 2 (U TBC)
- 7.00 Superman (12A TBC)

Llun 4 Mon

- 1 2.00 Elio (U TBC)
- 4.45 How To Train Your Dragon (PG)
- 7.45 Jurassic World: Rebirth (12A TBC)
- 2 1.00 / 4.15 / 7.30 Fantastic Four (12A TBC)
- 3 1.15 / 4.00 The Bad Guys 2 (U TBC)
- 7.00 Superman (12A TBC)

Maw 5 Tue

- 1 2.00 Elio (U TBC)
- 4.45 How To Train Your Dragon (PG)
- 7.45 Jurassic World: Rebirth (12A TBC)
- 2 1.00 / 4.15 / 7.30 Fantastic Four (12A TBC)
- 3 1.15 / 4.00 The Bad Guys 2 (U TBC)
- 7.00 Superman (12A TBC)
- 7.00 **Castell Aberteifi: Illyria: HMS Pinafore**

Mer 6 Wed

- 1 2.00 Elio (U TBC)
- 4.45 How To Train Your Dragon (PG)
- 7.45 Jurassic World: Rebirth (12A TBC)
- 2 1.00 / 4.15 / 7.30 Fantastic Four (12A TBC)
- 3 1.15 / 4.00 The Bad Guys 2 (U TBC)
- 7.00 Superman (12A TBC)

Iau 7 Thu

- 1 2.00 Elio (U TBC)
- 4.45 How To Train Your Dragon (PG)
- 7.45 Jurassic World: Rebirth (12A TBC)
- 2 1.00 / 4.15 / 7.30 Fantastic Four (12A TBC)
- 3 1.15 / 4.00 The Bad Guys 2 (U TBC)
- 7.00 Superman (12A TBC)

Gwe 8 Fri

- 1 1.45 Elio (U TBC)
- 4.30 Smurfs (U TBC)
- 7.15 I know What You Did Last Summer (15 TBC)
- 2 1.00 / 4.15 / 7.30 The Naked Gun (15 TBC)
- 3 1.15 / 4.45 / 7.45 Freakier Friday (PG TBC)

Sad 9 Sat

- 1 1.45 Elio (U TBC)
- 4.30 Smurfs (U TBC)
- 7.15 I know What You Did Last Summer (15 TBC)

- 2 1.00 / 4.15 / 7.30 The Naked Gun (15 TBC)
- 3 1.15 / 4.45 / 7.45 Freakier Friday (PG TBC)

Sul 10 Sun

- 1 1.45 Elio (U TBC)
- 4.30 Smurfs (U TBC)
- 7.15 I know What You Did Last Summer (15 TBC)
- 2 1.00 / 4.15 / 7.30 The Naked Gun (15 TBC)
- 3 1.15 / 4.45 / 7.45 Freakier Friday (PG TBC)

Llun 11 Mon

- 1 1.45 Elio (U TBC)
- 4.30 Smurfs (U TBC)
- 7.15 I know What You Did Last Summer (15 TBC) ST
- 2 1.00 / 4.15 / 7.30 The Naked Gun (15 TBC)
- 3 1.15 / 4.45 / 7.45 Freakier Friday (PG TBC)

Maw 12 Tue

- 1 1.45 Elio (U TBC)
- 4.30 Smurfs (U TBC)
- 7.15 I know What You Did Last Summer (15 TBC)
- 2 1.00 / 4.15 / 7.30 The Naked Gun (15 TBC)
- 3 1.15 / 4.45 / 7.45 Freakier Friday (PG TBC)
- 7.00 **Castell Aberteifi: Illyria: Pride & Prejudice**

Mer 13 Wed

- 1 1.45 Elio (U TBC)
- 4.30 Smurfs (U TBC)
- 7.15 I know What You Did Last Summer (15 TBC)
- 2 1.00 / 4.15 / 7.30 The Naked Gun (15 TBC)
- 3 1.15 / 4.45 / 7.45 Freakier Friday (PG TBC)

Iau 14 Thu

- 1 1.45 Elio (U TBC)
- 4.30 Smurfs (U TBC)
- 7.15 I know What You Did Last Summer (15 TBC)
- 2 1.00 / 4.15 / 7.30 The Naked Gun (15 TBC)
- 3 1.15 / 4.45 / 7.45 Freakier Friday (PG TBC)

Gwe 15 Fri

- 1 1.45 Elio (U TBC)
- 4.30 Jurassic World: Rebirth (12A TBC)
- 7.45 Four Letters Of Love (12A TBC)
- 2 1.00 / 4.15 / 7.30 The Naked Gun (15 TBC)
- 3 1.15 / 5.00 / 8.00 Freakier Friday (PG TBC)

Sad 16 Sat

- 1 1.45 Elio (U TBC)
- 4.30 Jurassic World: Rebirth (12A TBC)
- 7.45 Four Letters Of Love (12A TBC)

- 2 1.00/4.15/7.30
The Naked Gun (15 TBC)
- 3 1.15/5.00/8.00
Freakier Friday (PG TBC)

Sul 17 Sun

- 1 1.45 Elio (U TBC)
- 4.30 Jurassic World: Rebirth (12A TBC)
- 7.45 Four Letters Of Love (12A TBC)
- 2 1.00/4.15/7.30
The Naked Gun (15 TBC)
- 3 1.15/5.00/8.00
Freakier Friday (PG TBC)

Llun 18 Mon

- 1 1.45 Elio (U TBC)
- 4.30 Jurassic World: Rebirth (12A TBC)
- 7.45 Four Letters Of Love (12A TBC)
- 2 1.00/4.15/7.30
The Naked Gun (15 TBC)
- 3 1.15/5.00/8.00
Freakier Friday (PG TBC)

Maw 19 Tue

- 1 1.45 Elio (U TBC)
- 4.30 Jurassic World: Rebirth (12A TBC)
- 7.45 Four Letters Of Love (12A TBC) **ST**
- 2 1.00/4.15/7.30
The Naked Gun (15 TBC)
- 3 1.15/5.00/8.00
Freakier Friday (PG TBC)

Mer 20 Wed

- 1 1.45 Elio (U TBC)
- 4.30 Jurassic World: Rebirth (12A TBC)
- 7.45 Four Letters Of Love (12A TBC)
- 2 1.00/4.15/7.30
The Naked Gun (15 TBC)
- 3 1.15/5.00/8.00
Freakier Friday (PG TBC)

Iau 21 Thu

- 1 1.45 Elio (U TBC)
- 4.30 Jurassic World: Rebirth (12A TBC)
- 7.45 Four Letters Of Love (12A TBC)
- 2 1.00/4.15/7.30
The Naked Gun (15 TBC)
- 3 1.15/5.00/8.00
Freakier Friday (PG TBC)
- 6.00 **Castell Aberteifi: Illyria: The Wind In The Willows**

Gwe 22 Fri

- 1 1.30 Smurfs (U TBC)
- 4.15 Superman (12A TBC)
- 7.30 Bring Her Back (15 TBC)
- 2 1.00 How To Train Your Dragon (PG)
- 4.00 Fantastic Four (12A TBC)
- 7.15 The Naked Gun (15 TBC)

- 3 1.45 The Bad Guys 2 (U TBC)
- 4.30 Freakier Friday (PG TBC)
- 7.45 Weapons (15 TBC)

Sad 23 Sat

- 1 1.30 Smurfs (U TBC)
- 4.15 Superman (12A TBC)
- 7.30 Bring Her Back (15 TBC)
- 2 2.00 NT Live: Streetcar
- 6.00 The Naked Gun (15 TBC)
- 3 1.45 The Bad Guys 2 (U TBC)
- 4.30 Freakier Friday (PG TBC)
- 7.45 Weapons (15 TBC)

Sul 24 Sun

- 1 1.30 Smurfs (U TBC)
- 4.15 Superman (12A TBC)
- 7.30 Bring Her Back (15 TBC)
- 2 1.00 How To Train Your Dragon (PG)
- 4.00 Fantastic Four (12A TBC)
- 7.15 The Naked Gun (15 TBC) **ST**
- 3 1.45 The Bad Guys 2 (U TBC) **R**
- 4.30 Freakier Friday (PG TBC)
- 7.45 Weapons (15 TBC)

Llun 25 Mon

- 1 1.30 Smurfs (U TBC)
- 4.15 Superman (12A TBC)
- 7.30 Bring Her Back (15 TBC)
- 2 1.00 How To Train Your Dragon (PG)
- 4.00 Fantastic Four (12A TBC)
- 7.15 The Naked Gun (15 TBC)
- 3 1.45 The Bad Guys 2 (U TBC)
- 4.30 Freakier Friday (PG TBC)
- 7.45 Weapons (15 TBC) **ST**

Maw 26 Tue

- 1 1.30 Smurfs (U TBC)
- 4.15 Superman (12A TBC)
- 7.30 Bring Her Back (15 TBC) **ST**
- 2 1.00 How To Train Your Dragon (PG)
- 4.00 Fantastic Four (12A TBC)
- 7.15 The Naked Gun (15 TBC)
- 3 1.45 The Bad Guys 2 (U TBC)
- 4.30 Freakier Friday (PG TBC)
- 7.45 Weapons (15 TBC)

Mer 27 Wed

- 1 1.30 Smurfs (U TBC)
- 4.15 Superman (12A TBC)
- 7.30 Bring Her Back (15 TBC)
- 2 1.00 How To Train Your Dragon (PG)
- 4.00 Fantastic Four (12A TBC)
- 7.15 The Naked Gun (15 TBC)
- 3 1.45 The Bad Guys 2 (U TBC)
- 4.30 Freakier Friday (PG TBC) **ST**
- 7.45 Weapons (15 TBC)

Iau 28 Thu

- 1 1.30 Smurfs (U TBC)
- 4.15 Superman (12A TBC)
- 7.30 Bring Her Back (15 TBC)
- 2 1.00 How To Train Your Dragon (PG)
- 4.00 Fantastic Four (12A TBC)
- 7.00 **NT Live: A Streetcar Named Desire (15)**

- 3 1.45 The Bad Guys 2 (U TBC)
- 4.30 Freakier Friday (PG TBC)
- 7.45 Weapons (15 TBC)

Gwe 29 Fri

- 1 1.30 Smurfs (U TBC)
- 4.15 Elio (U TBC)
- 7.00 Superman (12A TBC)
- 2 1.00 How To Train Your Dragon (PG)
- 4.00 Fantastic Four (12A TBC)
- 7.15 The Salt Path (12A)
- 3 1.45 The Bad Guys 2 (U TBC)
- 4.30 Freakier Friday (PG TBC)
- 7.30 Jurassic World: Rebirth (12A TBC)

Sad 30 Sat

- 1 1.30 Smurfs (U TBC)
- 4.15 Elio (U TBC)
- 7.15 Superman (12A TBC)
- 2 1.00 How To Train Your Dragon (PG)
- 4.00 Fantastic Four (12A TBC)
- 7.00 **André Rieu: Waltz the Night Away (PG As Live)**
- 3 1.45 The Bad Guys 2 (U TBC)
- 4.30 Freakier Friday (PG TBC)
- 7.30 Jurassic World: Rebirth (12A TBC)

Sul 31 Sun

- 1 1.30 Smurfs (U TBC)
- 4.15 Elio (U TBC)
- 7.15 Superman (12A TBC)
- 2 2.00 **André Rieu: Waltz the Night Away (PG As Live)**
- 6.00 The Salt Path (12A)
- 3 1.45 The Bad Guys 2 (U TBC)
- 4.30 Freakier Friday (PG TBC)
- 7.30 Jurassic World: Rebirth (12A TBC)

MEDI | SEPTEMBER

Llun 1 Mon

- 1 1.30 Smurfs (U TBC)
- 4.15 Elio (U TBC)
- 7.00 Ocean (PG) **ST**
- 2 1.00 How To Train Your Dragon (PG)
- 4.00 Fantastic Four (12A TBC)
- 7.15 The Salt Path (12A)
- 3 1.45 The Bad Guys 2 (U TBC) **ST**
- 4.30 Freakier Friday (PG TBC)
- 7.30 The Roses (15 TBC)

Maw 2 Tue

- 1 1.30 Smurfs (U TBC)
- 4.15 Elio (U TBC)
- 7.00 Ocean (PG)
- 2 7.15 The Salt Path (12A) **ST**
- 3 1.45 The Bad Guys 2 (U TBC)
- 4.30 Freakier Friday (PG TBC)
- 7.30 The Roses (15 TBC)

Mer 3 Wed

- 1 7.00 Ocean (PG)
- 2 7.15 The Salt Path (12A)
- 3 7.30 The Roses (15 TBC)

Iau 4 Thu

- 1 2.00 The Roses (15 TBC)
- 6.45 The Salt Path (12A)
- 2 7.00 **NT Live: Inter Alia (15 As Live)**
- 3 7.30 The Roses (15 TBC)

Gwe 5 Fri

- 1 7.00 Cubanas Mujeres En Revolucion (12A TBC)
- 2 7.45 The Life Of Chuck (15 TBC)
- 3 7.30 The Roses (15 TBC)

Sad 6 Sat

- 1 1.30 Smurfs (U TBC)
- 4.15 The Bad Guys 2 (U TBC)
- 7.00 Materialists (12A TBC)
- 2 1.15 Fantastic Four (12A TBC)
- 4.30 Jurassic World: Rebirth (12A TBC)
- 8.00 The Life Of Chuck (15 TBC)
- 3 1.45/4.45/7.45
The Roses (15 TBC)

Sul 7 Sun

- 1 1.30 Smurfs (U TBC)
- 4.15 The Bad Guys 2 (U TBC)
- 7.00 Materialists (12A TBC)
- 2 2.00 **André Rieu: Waltz the Night Away (PG As Live)**
- 6.45 The Life Of Chuck (15 TBC)
- 3 1.45/4.45/7.45 **ST**
The Roses (15 TBC)

Llun 8 Mon

AR GAU | CLOSED

Maw 9 Tue

- 1 7.00 Materialists (12A TBC)
- 2 7.45 The Life Of Chuck (15 TBC)
- 3 7.15 The Roses (15 TBC)

Mer 10 Wed

- 1 7.00 Materialists (12A TBC)
- 2 7.45 The Life Of Chuck (15 TBC) **ST**
- 3 7.15 The Roses (15 TBC)

Iau 11 Thu

- 1 2.00 The Roses (15 TBC)
- 7.00 Materialists (12A TBC)
- 2 7.45 The Life Of Chuck (15 TBC)
- 3 7.15 The Roses (15 TBC)

Gwe 12 Fri

- 1 7.15 Downton Abbey: The Grand Finale (PG TBC)
- 2 7.30 Materialists (12A TBC)
- 3 6.45 The Roses (15 TBC)

Sad 13 Sat

- 1 1.00/4.00/7.15
Downton Abbey: The Grand Finale (PG TBC)
- 2 1.30 Smurfs (U TBC)
- 4.15 The Bad Guys 2 (U TBC)
- 7.00 Materialists (12A TBC)
- 3 1.45/4.45/7.45
The Roses (15 TBC)

Sul 14 Sun

- 1 1.00/4.00/7.15
Downton Abbey: The Grand Finale (PG TBC)
- 2 2.00 **André Rieu: Waltz the Night Away (PG As Live)**
- 6.30 Holy Cow (15) **C**
- 3 1.45 **R**/4.45/7.45
The Roses (15 TBC)

Llun 15 Mon

AR GAU | CLOSED

Maw 16 Tue

- 1 7.15 Downton Abbey: The Grand Finale (PG TBC)
- 2 7.30 Materialists (12A TBC) **ST**
- 3 6.45 The Roses (15 TBC)

Mer 17 Wed

- 1 7.15 Downton Abbey: The Grand Finale (PG TBC)
- 2 7.30 Materialists (12A TBC)
- 3 6.45 The Roses (15 TBC)

Iau 18 Thu

- 1 2.00/7.30
Downton Abbey: The Grand Finale (PG TBC)
- 2 7.00 NT Live: Inter Alia (15 As Live)
- 3 6.45 The Roses (15 TBC)

Gwe 19 Fri

- 1 7.30 Downton Abbey: The Grand Finale (PG TBC)
- 2 7.45 The Conjuring: Last Rites (15 TBC)
- 3 7.00 A Big Bold Beautiful Journey (12A TBC)

Sad 20 Sat

- 1 1.00/4.00/7.15
Downton Abbey: The Grand Finale (PG TBC)
- 2 2.00 **NT Live: Inter Alia (15 As Live)**
- 5.00 The Roses (15 TBC)
- 8.00 The Conjuring: Last Rites (15 TBC)
- 3 12.30/3.45/7.00
A Big Bold Beautiful Journey (12A TBC)

Sul 21 Sun

- 1 1.00/4.00/7.00
Downton Abbey: The Grand Finale (PG TBC)
- 2 7.30 **Jon Boden & The Remnant Kings**
- 3 1.15/4.30/7.45
A Big Bold Beautiful Journey (12A TBC)

Llun 22 Mon

AR GAU | CLOSED

Maw 23 Tue

- 1 7.30 Downton Abbey: The Grand Finale (PG TBC)
- 2 7.45 The Conjuring: Last Rites (15 TBC) **ST**
- 3 7.00 A Big Bold Beautiful Journey (12A TBC)

Mer 24 Wed

- 1 7.30 Downton Abbey: The Grand Finale (PG TBC)
- 2 7.45 The Conjuring: Last Rites (15 TBC)
- 3 7.00 A Big Bold Beautiful Journey (12A TBC)

Iau 25 Thu

- 1 2.00/7.30 **ST**
Downton Abbey: The Grand Finale (PG TBC)

- 2 7.00 **NT Live: Inter Alia (15 As Live)**

- 3 6.45 A Big Bold Beautiful Journey (12A TBC)

Gwe 26 Fri

- 1 6.45 Downton Abbey: The Grand Finale (PG TBC)
- 2 7.00 A Big Bold Beautiful Journey (12A TBC)
- 3 7.45 Spinal Tap II (15 TBC)

Sad 27 Sat

- 1 1.45 The Bad Guys 2 (U TBC)
- 4.30 Downton Abbey: The Grand Finale (PG TBC)
- 7.30 Spinal Tap II (15 TBC)
- 2 2.00 **NT Live: Inter Alia (15 As Live)**
- 5.00 The Roses (15 TBC)
- 8.00 The Conjuring: Last Rites (15 TBC)
- 3 1.00/4.15/7.45
A Big Bold Beautiful Journey (12A TBC)

Sul 28 Sun

- 1 1.15 The Bad Guys 2 (U TBC)
- 4.00 Downton Abbey: The Grand Finale (PG TBC)
- 7.00 Spinal Tap II (15 TBC)
- 2 12.45 Smurfs (U TBC)
- 3.30 The Roses (15 TBC)
- 6.30 Santosh (15) **C**
- 3 1.00/4.15/7.30
A Big Bold Beautiful Journey (12A TBC)

Llun 29 Mon

AR GAU | CLOSED

Maw 30 Tue

- 1 6.45 Downton Abbey: The Grand Finale (PG TBC)
- 2 7.00 A Big Bold Beautiful Journey (12A TBC)
- 3 7.15 Spinal Tap II (15 TBC) **ST**

HYDREF | OCTOBER

Mer 1 Wed

- 1 7.30 Spinal Tap II (15 TBC)
- 2 6.45 **RBO: Tosca (12A As Live)**
- 3 7.00 A Big Bold Beautiful Journey (12A TBC) **ST**

Iau 2 Thu

- 1 2.00/6.45
Downton Abbey: The Grand Finale (PG TBC)
- 2 7.00 A Big Bold Beautiful Journey (12A TBC)
- 3 7.15 Spinal Tap II (15 TBC)

Box office:

01239 621 200
Bath House Road
Aberteifi / Cardigan

mwldan.co.uk

